Ama Dablam Expedition

Duration: 27 Days 26 Night | Location: Nepal



Trip at a glance

Category: Trekking in Nepal

Location: Nepal

Duration: 27 Days 26 Night

Difficulty: Not specified

Trip Style: Trekking & Hiking

Summary

Ama Dablam Expedition/Mt Ama dablam/renowned for its incredible beauty, lies alongside Everest in the heart of the Khumbu valley offering views of Mt Lhotse

Overview

Trip Introduction

Ama Dablam Expedition is incredible beauty lies alongside Everest in the heart of the Khumbu valley offering superb views of Mt Lhotse, Mt. Makalu, Mt. Cho Oyu and Mt. Everest. Although a smaller snow-capped peak at 6812 m, vertical walls and sharp exposed ridges make this mountain one of the most technical and difficult climbs requiring strong mountaineering skills and previous high altitude experience. Everest Base Camp Trek, 3 high pass Trek.

If you have previous climbing experience and wish to participate fully as a team member of an expertly led expedition to one of the world's most impressive mountains, then a climbing expedition to Amadablam is best suited for you. The common route to the summit is from its south-west ridge. From the base camp at 4500 m, we have to establish a minimum of three camps on the mountain. Ama Dablam's South West Ridge is not only incredibly picturesque but is a world-class alpine route due to its ease of access, sound rock and truly spectacular summit day on steep and exposed snow slopes. It is a climb that not only rewards climbers with its technical challenge but also its panoramic views of the Everest group, Makalu, Cho Oyu and a multitude of other peaks. We trek in the beautiful Everest trail before beginning our summit. Ghorepani Poon Hill Trek

The climb is moderate up to Camp 1, then it gets challenging up along the narrow granite ridge. Negotiating pitches of steep ice and snow slopes, the route gets more technical from Camp 2. From Camp 3, skirt around the hanging glacier or the Dablam, cross snow arête(a sharp ridge) and bergschrund (a gap or crevasse at the edge) between ice cliffs and scale the summit. After scaling the summit, we return back to base camp. Everest Expedition

Day by day itinerary

Trip Itinerary

Day 01: Arrival and transfer to Hotel B/B.

Day 02: Permit Work/ check equipment Hotel B/B.

Day 03: Fly to Lukla2840m and Trek to Phakding 2610m Tea House B/L/D.

Day 04: Trek to Namche 3440mTea House B/L/D.

Day 05: Rest days in Namche or AcclimatizationTea House B/L/D.

Day 06: Trek to Tengboche 3860mTea House B/L/D.

Day 07: AmaDablam Base camp 4600mCamping B/L/D.

Day 08-21: Climbing Period of AmaDablam Camping B/L/D.

Day 22: Packing days and clean up camp siteCamping B/L/D.

Day 23: Trek to Namche Bazar Tea House B/L/D.

Day 24: Trek to Lukla Tea House B/L/D.

Day 25: Flying Kathmandu and Drive to Hotel B/B.

Day 26: Free day in Kathmandu Hotel B/B.

Day 27: Final Departure.

Package: Standard Package

Contact for pricing

Pricing depends on dates and group size. Contact us for a quote.

Inclusions

- Arrival in International Airport and Departure.
- 5 Night's 3-star hotel in Kathmandu with Bed & Breakfast.
- Kathmandu Sightseeing with Tour Guide.
- Entrance fee in Sagarmatha National Park.
- AmaDablam Climbing Permit.
- Professional Mountain Guide between 2 client 1 Guide Climbing Period.
- Round Kathmandu-Lukla-Kathmandu air Ticket.

- Domestic airport departure taxes.
- Tea House Accommodation, breakfast launched dinner.
- Breakfast, lunch, dinner climbing period.
- Guide, Cook, Sherpa, Kitchen staffs and porters.
- High food and Tent.
- Accident and emergency rescue Insurance and Equipment for Climbing Guide, cook, and staff.
- Group Climbing Equipment.
- Base camp Charge.
- Liaison officer.

Exclusions

- Personal Climbing Gear and equipment. Lunch and Dinner in Kathmandu.
- Extra night accommodation in Kathmandu because of late departure, early return from mountain(due to any reason) than the scheduled itinerary.
- Excess baggage charges if you have more than 30KG luggage.
- Personal communications (Satellite phone, phone, fax, email).
- Personal Climbing Sherpa (must be arranged before the expedition).
- Travel/rescue insurance.
- Summit Bonus for climbing guide.
- Any rescue costs or costs of early departure from the expedition.
- Tipping for staff and guide.

Gear checklist

Equipments List

Trip Details:

Total Duration: 27 Days.

Group Size: Min-1, Max 20.

Trekking Region: Everest Region.

Trip Type Name: Ama Dablam Expedition.

Highest Altitude of the trek: 6880 m.

Highest Point: Ama Dablam Expedition (6880 m)

Grade: Challenging.

Transportation: Private Vehicle, Domestic Flight.

Accommodation: Semi Lodge/ or fully Camping.

Type of Tour: Trekking, Hiking, Walking, Culture

Trekking Hour: Approximately 6-7 hours each day.

Best Season: Autumn (Sep-Nov) and Spring (Mar-May).

Starting from: Kathmandu.

Ending at: Kathmandu.

Trip notes

Trip Highlights

Amadablam, renowned for its incredible beauty, lies alongside Everest in the heart of the Khumbu valley offering superb views of Mt Lhotse, Mt. Makalu, Mt. Cho Oyu and Mt. Everest. Although a smaller snow capped peak at 6812 m, vertical walls and sharp exposed ridges make this mountain one of the most technical and difficult climbs requiring strong mountaineering skills and previous high altitude experience.

Departure

Departure

20th October 2019

Review

Trip gallery

View photo on the trip page

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Plan your journey with our team

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