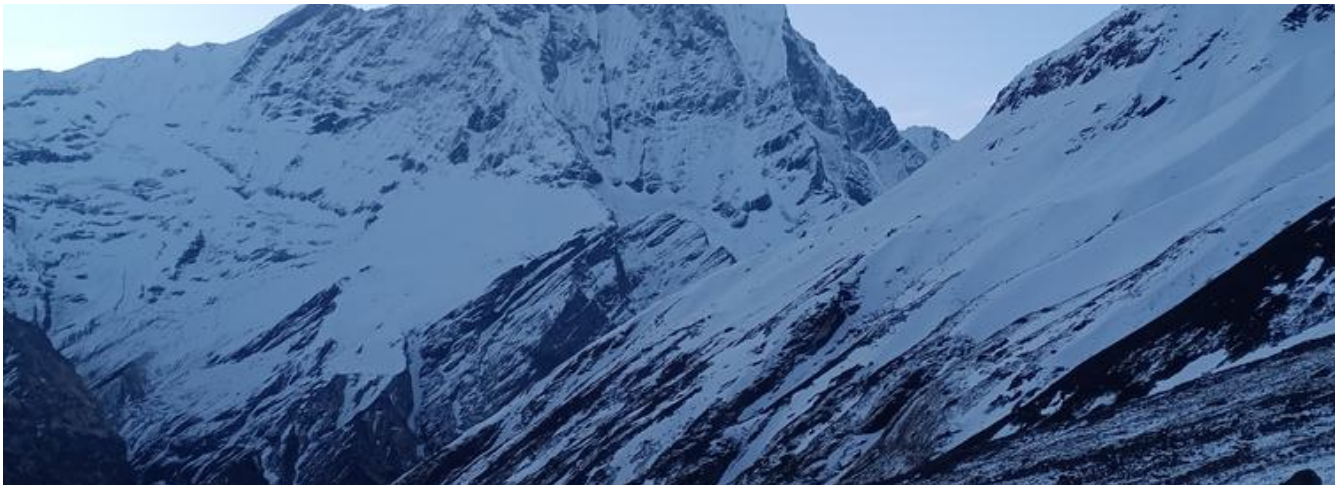
Annapurna Base Camp Trek

Duration: 9 Days | Location: Nepal



Trip at a glance

Category: Annapurna Region

Location: Nepal

Duration: 9 Days

Difficulty: 8/10

Start From: Kathmandu / Pokhara

Ending Point: Kathmandu / Pokhara

Trip Style: Trekking

Best Time: March – May / October – December

Transportation: Tourist Bus / Private Jeep

Accommodation: Hotel – Tea House

Max Altitude: 4,130 meters

Meal: B – L – D

Group: 2 – 15+

Overview

The Annapurna Base Camp Trek is one of the most rewarding short treks in Nepal, taking you straight into the natural amphitheater of the Annapurna Sanctuary — a ring of soaring peaks surrounding you on almost every side. In just over a week, you'll walk from the subtropical lowlands of Pokhara into the heart of one of the world's most iconic mountain ranges, without needing weeks of leave or high-altitude mountaineering experience.

Unlike longer expeditions, ABC packs a complete Himalayan experience into a short, achievable timeframe: dramatic elevation change, warm tea-house hospitality, and some of the closest mountain views you'll find anywhere in Nepal.

Face to Face With Giants

From the moment you reach Sinuwa, the mountains start closing in around you. Annapurna I (8,091m), South Annapurna, Annapurna III, Himchuli, Gandharvachuli, and the sacred, unclimbed Machhapuchhre (Fishtail Mountain) rise almost directly overhead. By the time you reach Annapurna Base Camp Trek itself at 4,130 meters, you're standing in a natural bowl completely encircled by these giants — arguably the single most dramatic mountain panorama accessible on a moderate trek anywhere in the world.

A Trail Through Changing Landscapes

The route moves through terraced farmland, dense rhododendron and bamboo forests, and glacial river valleys before opening into high alpine terrain near Deurali and ABC. Each day brings a noticeably different landscape, keeping the trek visually rewarding from the very first hour to the last.

Warm Tea Houses, Warmer Hospitality

Every night is spent in a locally-run tea house along the trail — simple, comfortable lodges serving hot meals and offering a real window into Gurung mountain life. After a full day's walk, there's nothing quite like a warm meal and a hot cup of tea with a direct view of the peaks you're about to summit.

The Reward: Jhinu Danda Hot Springs

On the way back down, the trail passes through Jhinu Danda, home to natural hot springs on the banks of the Modi Khola river — the perfect place to soak tired legs and unwind after days of climbing.

Who Is This Trek For?

The ABC trek is regarded as moderately difficult. Anyone possessing a basic fitness level is capable of doing it with just a few weeks' training – it requires no climbing skills nor experience of hiking at great height. This trek is a great opportunity for the first-time tourists in Nepal, families with older children and those wishing to do something adventurous but lacking time as well as excellent acclimatization trek for people planning a more challenging trek in Nepal later on.Why Choose the Annapurna Base Camp Trek?

- Unmatched 360° mountain views from inside the Annapurna Sanctuary
- Shorter duration than most Himalayan treks — big reward, manageable timeframe
- Natural hot springs at Jhinu Danda
- Rich Gurung culture and traditional tea-house trails
- Moderate difficulty — ideal for first-time Himalayan trekkers
- A trusted acclimatization trek before bigger expeditions

Conclusion

The Annapurna Base Camp Trek delivers everything people dream of when they picture the Himalayas — towering peaks, warm mountain hospitality, and a trail that keeps surprising you at every turn — all within nine unforgettable days.

Whether it's your first trek in Nepal or another step toward a bigger Himalayan goal, ABC offers a complete, achievable, and deeply memorable mountain experience.

Join us at the foot of Annapurna, South Annapurna, Himchuli, and Fishtail Mountain — your Himalayan adventure starts here.

Day by day itinerary

Day By Day Plan

Day 01: Arrival in Kathmandu

Meet our representative at the airport and transfer to your hotel. Welcome briefing and shopping for any last-minute trekking gear. Overnight in Hotel — Kathmandu

Day 02: Kathmandu to Pokhara

Scenic 6–7 hour drive by tourist bus, following the Trishuli, Budhigandaki, and Seti rivers. Evening visit to Fewa Lake. Overnight in Hotel — Pokhara

Day 03: Pokhara to Sinuwa (via Jinu Danda)

9–10 hour drive and walk by jeep. First sweeping views of the Annapurna Range, South Annapurna, Himchuli, Dhaulagiri, Fishtail Mountain, and Annapurna II. Overnight in Tea House — Sinuwa

Day 04: Sinuwa to Deurali

7–8 hour trek — the real climb begins. Sunrise views of Fishtail, Himchuli, Annapurna III, and Gandharvachuli along the way. Overnight in Tea House — Deurali

Day 05: Deurali to Annapurna Base Camp

5–6 hour trek arriving at ABC (4,130m), surrounded on all sides by Fishtail, Annapurna III, Gandharvachuli, South Annapurna, and Himchuli. Relax and soak in the views. Overnight in Tea House — Annapurna Base Camp

Day 06: ABC to Bamboo

7–8 hour descent. One last sunrise over Annapurna I, South Annapurna, Himchuli, and Annapurna III before heading back down. Overnight in Tea House — Bamboo

Day 07: Bamboo to Jhinu Danda

5 hour trek. Spend the afternoon relaxing in the natural hot springs — the perfect reward after days on the trail. Overnight in Tea House — Jhinu Danda

Day 08: Jhinu Danda to Pokhara

3 hour drive by jeep back to Pokhara. Overnight in Hotel — Pokhara

Day 09: Pokhara to Kathmandu

Return drive to Kathmandu by tourist bus. Trek concludes.

Package: Standard Package

$650

Inclusions

- All trekking permits (ACAP & TIMS)
- Transportation, Kathmandu to Kathmandu (tourist bus & jeep as per itinerary)
- Professional English-speaking trekking guide
- 3 meals a day (breakfast, lunch, dinner) throughout the trek
- Porter service

Exclusions

- Kathmandu/Pokhara hotel accommodation
- International flight & Nepal visa fees
- Food and drinks outside of included trek meals
- Drinking water
- Hot showers along the trail
- Personal trekking gear
- Travel insurance
- Guide and porter tips

Package: Signature Package

$750 per person

Includes 3 nights of 2-star hotel accommodation in Kathmandu & Pokhara

Inclusions

- All trekking permits (ACAP & TIMS)
- Transportation, Kathmandu to Kathmandu (tourist bus & jeep as per itinerary)
- Professional English-speaking trekking guide
- 3 meals a day (breakfast, lunch, dinner) throughout the trek
- Porter service
- 2-star hotel accommodation, 3 nights (Kathmandu & Pokhara)

Exclusions

- International flight & Nepal visa fees
- Food and drinks outside of included hotel/trek meals
- Drinking water
- Hot showers along the trail
- Personal trekking gear
- Travel insurance
- Guide and porter tips

Trip gallery



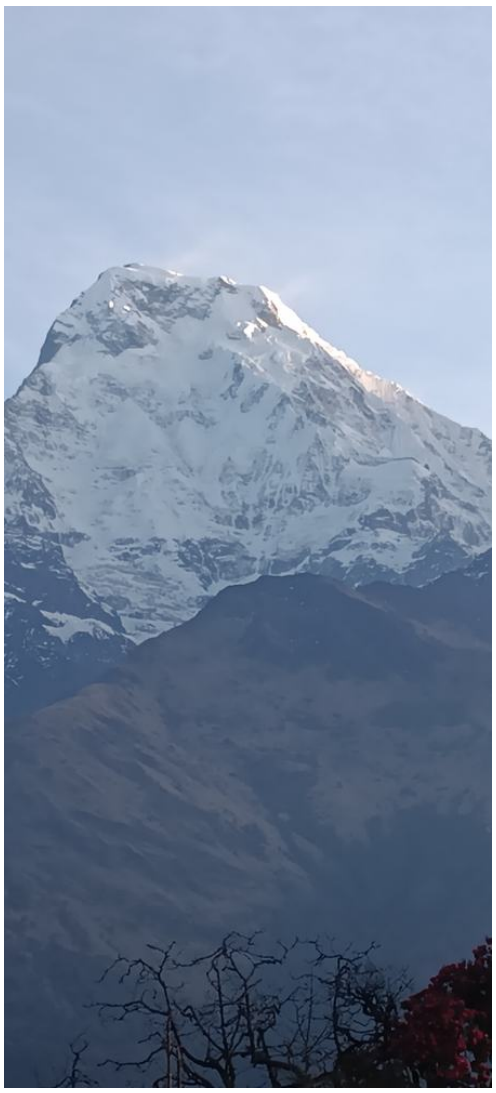
Annapurna Base Camp Trek - photo 1



Annapurna Base Camp Trek - photo 2



Annapurna Base Camp Trek - photo 3



Annapurna Base Camp Trek - photo 4

Plan your journey with our team

Thamel, Kathmandu, Nepal | +977-9745232234

megamounttreks@gmail.com | megamounttreks.com

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