Ganesh Himal Trek

Duration: 24 Days | Location: Ganesh Himal, Nepal



Trip at a glance

Category: Langtang Region

Location: Ganesh Himal, Nepal

Duration: 24 Days

Difficulty: 8/10

Trip Style: Ganesh Himal Trek

Best Time: Autumn (Sep-Nov) and Spring (Mar-May)

Transportation: Private Vehicle, Domestic Flight

Accommodation: Semi Lodge/ or fully Camping

Max Altitude: 3634 m

Group: Min-1, Max 20

Summary

Ganesh Himal trekking destinations the northern part of Nepal. Ganesh himal ranges.peaks, glaciers, gorges,hot natural spas, and quaint Tamang villages /

Overview

Trip Introduction

Ganesh Himal Trek is one of the best and oldest camping trekking destinations in the northern part of Nepal. In this region, you will get a chance to observe the majestic views of Ganesh I, II, III and IV peaks, glaciers, gorges, hot natural spas, and quaint Tamang villages.Tamang and Ghale are the major cast living in this region doing agricultural as their main occupation. Ganesh Himal trek is a beautiful, scenic and interesting trek in a less visited trekking area in Nepal. Gosaikunda Lake Trek

Ganesh Himal Trek offers mountain rivers, suspension bridges, Tamang villages, deep gorges, dense forest, and spectacular mountain views. Besides this, you will have great contact with the local people. Ganesh Himal trek offers you with the magnificent view of Ganesh Himal itself. Besides that, there are many natural resources which makes your trip interesting and fun. There will be a rhododendron flower with varieties of colors during the fall season in the jungle. This is one of the unexplored trekking route comparing with the other trekking destination of Nepal. You will be passing different jungles and villages with different cultural and traditional and the language of the people they speak in their local area but all the people will great you or welcome you with a beautiful smile on their face. Kanchenjunga Circuit Trek

During the your trek you will be visiting more then 7 villages which are regarded as remote villages of Dhading district and Nuwakot disstrict which are not befitted by roads, good school, no means of Communication, health post etc. The trekking trail are good the weather with different of area, mountains views , cultural, tradition will make your trip lifetime. TThere are interesting panoramic views destination points are called Singala pass, Dharka, Jasail Kunda, Jyamrung, Kasigaun,Khanchok and Gorkha. Ruby valley trek

Day by day itinerary

Trip Itinerary

Day 01: Arrival in Kathmandu and transfer to hotel.

Day 02: Drive from Kathmandu to sole bazaar 650m via Betrawati approx. 7 hrs.

Day 03: Trek from sole bazaar to Satdobate 1250m approx. 5 hrs.

Day 04: Trek from Satdobate to Balche 1930m approx 5 hrs.

Day 05: Trek from Balche to Gonga 2910m approx 7 hrs.

Day 06: Trek from Gonga to Rupchet Kharka 3634m approx 5 hrs.

Day 07: Trek from Rupchet Kharka to Mangchet Kharka via Singla Top approx 7 hrs.

Day 08: Trek from Mangchet Kharka to Pangsang Bhanjyang approx 7 hrs.

Day 09: Trek and climb to Pangsang La Danda and trek back to Pangsang Bhanjyang approx 3 hrs.

Day 10: Trek from Pangsang Bhanjyang to Chalise approx 7 hrs.

Day 11: Trek from Chalise to Hindung approx 5 hrs.

Day 12: Trek from Hindung to Rajgang Kharka approx 5 & ½ hrs.

Day 13: Trek from Rajgang Kharka to Kalo Seto Kunda Black and White Lake)Ganesh Himal Base Camp approx 6 hrs.

Day 14: Rest day at the Base Camp.

Day 15: Trek from Ganesh Himal Base Camp to Rajgang Kharka approx 6 hrs.

Day 16: Trek from Rajgang Kharka to Chalise 2000m.Approx 6 Hrs.

Day 17: Trek from Chalise to Laba village 1750m. Approx 6 Hrs.

Day 18: Trek from Laba village to Manyang Bhanjyang 2934m.Approx 5 Hrs.

Day 19: Trek from Manyang Bhanjyang to Majhgaun 2200m.Approx 6 Hrs.

Day 20: Trek from Majhgaun to Budathum approx 5 hrs.

Day 21: Trek from Budhathum to Arughat Bazaar 500m.Approx 2 Hrs.

Day 22: Arughat Bazaar to Kathmandu/8-9 hours: Drive by bus.

Day 23: Extra day in Kathmandu: Souvenir and sightseeing in Kathmandu.

Day 24: Final departure transfer to Airport.

Package: Standard Package

Contact for pricing

Pricing depends on dates and group size. Contact us for a quote.

Inclusions

- All land transfer, arrival, and departure as per the itinerary.
- Hotel accommodation with bed and breakfast on Twin sharing basis as per the itinerary.Food during the trek 3 meals a day (breakfast, lunch, and dinner) in specified local lodges or prepared by our cook.
- English speaking experienced & professional trekking guide licenses holde.
- Porters (1 porter carries the luggage up to 25 kgs of 2 participants during the trek).
- City tours as mentioned in the itinerary with English speaking guide and all land transportation with private car/jeep/van.
- All necessary trekking and climbing related permit including TIMS, National Park Entrance fee, and ACAP Fee.
- Insurance, proper warm clothing, shoes, sunglass and daily wages for guide and porter.
- Camping Trek daily wages, Guide, Sherpa helpers, Cook, Kitchen Boys, Porters, with food allowance while trekking.
- Accommodation in 2 men Tents during Trek supported with a dining tent, Kitchen tent, Toilet tent, Shower tent, Table, chairs and Mattress.

- Necessary kitchen utensils.

Exclusions

- Lunch and dinner while in Kathmandu or in Pokhara stay.
- Personal gears and expenses of personal nature and Personal medical and travel insurance emergency evacuation.
- Hard and any form of soft drinks.
- All confectionary and snacks, Charges for desserts including shower and boiled drinking water, Phone calls, Laundry and Alcoholic beverages etc.
- Any airfare: Domestic International departure taxes and any excess baggage charges.
- Tips and Gratitude for Guides and Porters according to the custom of trekking in Nepal.

Gear checklist

Equipments List

EQUIPMENT LIST

Nepal Trekking Equipment List

This piece info is creating data on consumer goods and equipment needs, For those that would love an extra detailed discussion for equipment for Nepalese Himalayan Trek.

The following equipment list is required for Nepal Trekking and climbing and a list, you have to have suggested equipment just have with you, however, that you just might have your own personal first choice equipment which can be equally as appropriate

Footwear

- Walking boots with suitable ankle support that have been worn-in prior to the trek, and which are waterproof.
- Trainer or casual shoes, for trekking and/or for travelling.
- Warm socks for colder areas.

- Gaiters, in case of rain or snow

Legwear

- Loose, casual trousers for trekking.
- Thermal leggings for colder areas.
- Long skirt for women as an alternative to trousers.
- Waterproof trousers

Body

- Selection of T-shirts, and long sleeved shirts, preferably not cotton.
- Thermal shirt for colder areas.
- Warm shirt, possibly fleeces, for colder areas.
- Fleece jacket or warm wool jumper.
- Windproof, waterproof outer shell garment for higher altitudes.
- Down jacket (optional for cold nights & mornings; can be hired in Kathmandu cheaply)

Head/Hands

- Wool or fleece hat, or balaclava.
- Hat or cap for sun protection while trekking.
- Sunglasses or goggles.
- Warm gloves

Other items

- Strong rucksack or large hold all to be carried by porters.
- Daysack to be carried personally.
- Plastic bags or stuff sacks to store/separate trekking gear inside your main bag.
- One litre water bottle.

- Personal first aid kit to include essential items.
- Sleeping bag, 4 seasons.
- Torch, ideally head torch.
- Digital Camera and spare battery and battery charger! – For those not to be forgotten shots of the Himalaya.
- Toilet items and towel.
- Large handkerchief/bandana for neck

Optional items

- Binoculars
- Books (see Recommended Reading)
- Altimeter
- Compass
- Playing cards / backgammon / chess set

Recommended Mountaineering Kit

In addition to the items mentioned above for trekking, the following is a list of the additional specialist items which are required for the trekking peaks.

Plastic or leather mountaineering boots, with gaiters and crampons that have been tested for a good fit.

Peak Climbing

- fleece trousers
- Additional mitts and gloves suitable for climbing
- Ice axe, and ski poles (note – ice axe can be hired in Kathmandu)
- Climbing harness
- 2 x tape slings

- 2 x screw gate karabiners
- Descended/abseil device
- Ascender

Trip notes

Trip Highlights

Trip Details:

Total Duration: 24 Days.

Group Size: Min-1, Max 20.

Trekking Region: Ganesh Himal.

Trip Type Name: Ganesh Himal Trek.

Highest Altitude of the trek: 3634 m.

Highest Point: Ganesh Himal Trek (3634 m)

Grade: Medium.

Transportation: Private Vehicle, Domestic Flight.

Accommodation: Semi Lodge/ or fully Camping.

Type of Tour: Trekking, Hiking, Walking, Culture

Trekking Hour: Approximately 6-7 hours each day.

Best Season: Autumn (Sep-Nov) and Spring (Mar-May).

Starting from: Kathmandu.

Ending at: Kathmandu.

Departure

Departure

Review

Trip gallery

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Plan your journey with our team

Thamel, Kathmandu, Nepal | +977-9745232234
megamounttreks@gmail.com | megamounttreks.com

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