Kanchenjunga Circuit Trek

Duration: 26 Days | Location: Kanchenjunga Region, Nepal



Trip at a glance

Category: Mount Kanchenjunga

Location: Kanchenjunga Region, Nepal

Duration: 26 Days

Difficulty: 7/10

Trip Style: Kanchenjunga Circuit Trek

Best Time: Autumn (Sep-Nov) and Spring (Mar-May)

Transportation: Private Vehicle, Domestic Flight

Accommodation: Semi Lodge/ or fully Camping

Max Altitude: 5150 m

Group: Min-2, Max 20

Summary

Kanchenjunga Circuit Trek/Kanchenjunga is a pristine Mt/ park/Mount Kanchenjunga is the third highest mountain in the world 8,586m/Kanchenjunga Circuit Trek

Overview

Trip Introduction

Kanchenjunga Circuit Trek is a pristine mountain park, named after its massive snow treasure

Mount KanchenjungaMount Kanchenjunga is the third highest mountain in the world scaling 8,586m. The park is still enjoying on its wilderness, untouched by the change of time. The trek will go through diverse land topography, forests, and villages. Local Culture there Limbu, Sherpa, and Tibet Culture. Everest Base Camp Trek

And there two base Camp North and South Naturally beautiful. Trekking to the Kanchenjunga is wonderful since it is still remaining as a virgin area in the northeastern part of Nepal. It offers the unique beauty of nature with beautiful mountains as well as various types of vegetations. This part of Nepal serves you multi-ethnic faces while you are en route to the 8586 m. high superb mountain. Ghorepani Poon Hiil Trek

Kanchenjunga Trek begins once you reach Taplejung via flight from Bhadarpur. From Taplejung we trek to Mitlung, Sekhadhum and reach to Sherpa village of Ghunsa. The trails at the lower sections pass through fertile valleys with beautiful pastures, villages of Limbu people, cardamom fields and dense forests. After a day of acclimatization at Ghunsa we trek further north along the river bank us magnificent mountain scenery. We pass through meadows full with wildflowers, rhododendron and pine forest and reach to Nuphchu River valley area. We go further up towards Lhonak and along the Kanchenjunga Glacier to Pangpema, Kanchenjunga Base Camp on north side. Here we can enjoy the spendor of Jannu, Kanchenjunga and Chang Himal. Then we retrace back to Kambachen, Ghunsa. Kanchenjunga South Base Camp Trek.

You can meet the farmers cultivating rice Cardamom, which are supplied on their back to the houses and the yak herder sleeping in the

tents made of yak wool. You walk through small villages and it is very exciting to cross the rivers

over the suspension bridges, which you can experience only in this area. Milke Danda Trek

You can also visit the relative link to see if you may like to do this trek. Kanchenjunga North base camp trek

View photo on the trip page

Day by day itinerary

Trip Itinerary

Day 1: Arrival at Kathmandu (1350m).

Namaste and Welcome to Kathmandu. The representative of Mega Mount Trek greets you at the international airport. Then you will be transferred to the hotel. After check-in at the hotel, refresh and rest yourselves. We will briefly explain our tour program in the evening. O/N at Hotel.

Day 2: fly Kathmandu to Bhadrapur and drive Ilam Baazar overnight lodge.

From Kathmandu depart from the hotel with your guide for amazing adventure to Kanchenjunga trekking, taking Fligt Bhadarpur 45 minutes heading eastern Nepal at Bhadarpur interesting town with time and drive to Ilam and see beautifull Tea Garden overnight stop.

Day 03: From Ilam Baazar drive to Taplejung 113 km/ 70 Miles day time bus- 09/10 hrs.

Morning begins with local drive heading towards cooler green hills around scenic Ilam town famous for tea and its wide tea gardens, as drive continues to reach at hill town in Taplejung for overnight stop after an exciting and long drive for two continues days, glad that the drive is over for many weeks.

Day 04: Trek to Taplejung to Mitlung 921 m / 3,021 ft – 04/ 05 hrs.

After a pleasant overnight stop in Taplejung, starting our first day treks heading past many small farm village to reach at Mitlung for overnight halt, where route takes you on pleasant winding path with few straight up and down into forested areas of rhododendron and pines trees; where climb leads to a high hill facing scenic views to reach at Mitlung enjoy views of Mt. Kanchenjunga and Kabru peaks.

Day 05: Trek to Mitlung to Chirwa 1,270 m – 06 hrs.

Walk continues with descend to Tamor River encountering short ups and down-hill to Sinuwa village, and then descend towards Tawa village to cross several smaller fresh streams reaching into spread out farm villages to reach at Chirwa for overnight stop, a nice village of mix tribes dominated mostly by Rai

(Kirat tribe) some Magar, Tamang and Hindu Chettries, Brahmins with Dalits people with time to explore this nice village.

Day 6: Chiruwa to Shekhadum (1885m)-6 hrs.1,695 m / 5,560 ft – 05/6 hrs.

Enjoying stops at Chirwa, morning walk heading past several neat smaller farm villages to reach a river bank of mix country where you can witness cultivation of cardamom fields in the dark shade of dense tree line.

From here walk higher up over farm fields with short descend to overnight camp at Lelep a lovely farm village where air gets much cooler with dramatic change of culture of more Tibetan Buddhist religions.

Day 07: Trek to Shekhadum to Amjilosa 2,395 m / 7,856 ft – 05/6 hrs.

Journey continues to reach higher gaining more elevation heading past farm fields and villages facing views of distant peaks with rolling green hills as walk leads into a valley filled with nice cool woodland then reaching a high village at Amjilosa for overnight stop.

Day 08: Trek to Amjilosa to Gyabla/Kyapra 2,730 m/8,955 ft- 04/5 hrs.

Morning walk continues along with higher side of altitude as route leads towards much cooler area as paddy farms area stops where walk gets closer to mountainous and high hill areas encountering several scattered summer pastures and grazing areas to reach at Gyabla or Kyapra for overnight stop in this small cattle herders and farm village, where people change to more Tibetan like with same Buddhist religion and culture.

Day 09: Trek to Gyabla to Ghunsa 3,427 m / 11,241 ft – 05/6 hrs.

Morning begins with gentle walk over down-hill trails and then climb takes you for an hour into forested areas of pines-oaks and rhododendron trees as walk reaches a nice flat area on reaching Ghunsa river, from here on pleasant walk to Ghunsa village for overnight stop, a nice and interesting village populated by Bhotia and Sherpa tribes of Tibetan origin with houses built with stones includes neat small farm.

Day 10: Rest /Acclimatization day in Ghunsa.

An ideal place for rest to get well with acclimatization before heading towards higher north at Kanchenjunga base camp, here with great opportunity for hike around this nice village of impressive Buddhist culture takes you at scenic view point's hill for best panorama of mountains and surrounding landscapes.

Day 11: Trek to Ghunsa to Khangpachen/Kambachen 4,050 m – 05/6 hrs.

Morning walk from Ghunsa leads to climb following river with views of waterfalls along the walks, encountering Yak herder camps along the trail depending upon grazing season, as trail continues to the bank of Ghunsa river, and into rhododendron and pine forest, as walk leads to a gradual ascend to Rambuk Kharkas and then crossing a small glacier landslide as walk continues with grand views of Khumbukarna and Janu and other high snow capped peaks.

On leaving tree lines behind, heading into barren country with few short bushes and scrub of juniper, after Rambuk Kharka climb, and then trail leads to a gentle down to Khambachen after crossing a landslide section to camp at Khambachen, this scenic valley with grand views of Sharphu peaks with north face of Mt. Janu and Wedge peak.

Day 12: Trek to Khangpachen to Lhonak 4,780 m / 13,284 ft – 04/5 hrs.

From this spot following a route high above a river for sometimes, then heading further east, with climb to reach a place and walking over rocks and boulder then heading to a terminal moraine of Kanchenjunga glacier, on leaving Ramtang Kharka (a Sheppard place) where trail joins Kanchenjunga glacier and then crossing at a junction to reach at Lhonak for overnight stop with views of Kanchenjunga glacier with Mera, Nepal Peak and Wedge Peak.

Day 13: Hike to Kanchenjunga North Base Camp 5,143 m/16,869 ft back to Lhonak – 07/8 hrs.

This morning hike towards Kanchenjunga Base Camp at Pang Pema to reach our main highlight of the adventure, where you will be at the foot

Mt. Kanchenjunga and its massive range of peaks, as walk leads to a climb high above a river facing views of Kirat Chuli, Nepal Peak, Taple Sikhar, and Givegela Chuli. The first part of the climbs is gentle and then heading through a boulder on rocky trail.

Walking to a glacier path all the way to Kanchenjunga Base Camp surrounded by giant peaks and then head back to Lhonak for overnight after a marvelous and exciting walk to Kanchenjunga base camp.

Day 14: Trek toLhonak to Ghunsa 3,427 m / 11,241 ft – 06/7 hrs.

Morning walk leads back on the same route heading past Kambachen to Ghunsa nice village for overnight stops after a long day walk with magnificent time at Kanchenjunga base camp within array of high mountains.

Day 15: Trek Ghunsa to Sele-La Kharka 4,200 m / 13,776 ft – 06/7 hrs.

On leaving the other sides of Kanchenjunga the northern remote areas, where walk from here leads to complete wilderness of thick forest and grazing areas as walk continues with long climb to reach at Sele-La Kharka for overnight stop with summer pasture and meadow.

Day 16: Trek to Sele-La to Cheram/Tseram 3,870 m/12,693 ft via Sele-La Pass 4,480 m/14,694 ft and Sinion La Pass 4,646 m/15,238 ft–08/9 hrs.

Today walking higher to cross two scenic high passes in a day, rewards you with amazing views of whole of Kanchenjunga range as walk takes you through dense tree lines and crossing some streams to reach at the base of Sinion La after crossing over Sele-la pass a climb of few hours with gradual descend to reach at a place calls Cheram or Tseram for overnight stop.

Day 17 Trek to Cheram to Ramche and hikeOktang Base camp (4730m) and back to Ramche (4580m)

From Tseram, we will pass through the snout of Yalung Glacier into an eroded valley. The peaks of this region span the Nepal- India border. There is a lake and a meadow in Ramche. Blue sheep can also be seen on the grassy slopes. From Ramche, we will move through rocky trails and moraines to finally reach Oktang Glacier. From, there we will trace the trail back to Ramche.

Walk past forest area as our route leads to a riverbed, and then uphill to a terrace for overnight stop at Tseram, a place with roofless bivouac caves, facing views of terminal moraine fed from Yalung glacier and behind looking at Kabru 7,353m and Talung peak 7,349m.

Day 18: Trek to Ramche to Tortung 2,925 meters/9,594 ft -04/5 hrs.

After a enjoyable time at Kanchenjunga another base camp, where walk leads back into green forested areas to reach at Tortung within farm areas with small cattle herders village surrounded by woodland as walk leads much downhill with short ups to reach this quaint area for overnight.

Day 19: Trek toTortung to Yamphudin 2,080 m / 6,824 ft -05/6 hrs

An easy day walk as altitude slows down every hours of trek on downhill with some short ups into beautiful forest of rhododendron and pine tree lines and crossing some streams entering into a gorge and then into open wide area to reach a nice small village of Yamphudin for overnight stop.

Day 20: Trek to Yamphudin to Phumphe Danda 1,858 m / 6,095 ft -06/7 hrs.

We will make a descend on this day as we walk along the KabeliKhola. There are waterfalls of various sizes throughout the trail. We will finally reach Phumphe to spend the night.

Day 21: Trek toPhumphe Danda to Kade/Simbu 2,080 ms / 6,053 ft – 06/7 hrs.

From Phumphe, we will first climb a ridge and then descend through a series of side valleys past Phun village. After reaching Kesawa, we will ascend to Bhanjyang which is a Gurung settlement. From there, the trail traverses a ridge and descends to Kunjari, a Limbu village. We will stay the night here on the banks of PhaKhola.

Day 22: Khade Bhanjyang to lali kharka 6 hrs(2280m).

From Phumphe, we will first climb a ridge and then descend through a series of side valleys past Phun village. After reaching Kesawa, we will ascend to Bhanjyang which is a Gurung settlement. From there, the trail traverses a ridge and descends to Kunjari, a Limbu village. We will stay the night here on the banks of PhaKhola.Day 24: Lali kharka to Taplejung 5 hrs (1820m).

From Sukhetar where our walk ends taking a drive as far to Ilam town and heading further to make towards Fikkel town within Illam area covered with vast tea-garden with pines trees with great views of Kanchenjunga peaks at Fikkal for overnight stop.

Day 23: Trek to lali kharka to Taplejung (1580m)

It is the last day of trekking as we go to Suketar of Taplejung. It involves more climbing than descends and hence is an exhausting day. We will stay overnight in Taplejung.

Day 24: Drive to Birtamod

On this day, we will take a long drive to Birtamod of Bhadrapur. We will stay in Birtamod for the night.

Day 25: Fly back to Kathmandu

We will take an early morning flight to Kathmandu and say goodbye there. We hope you had an amazing trip with our company!

Day 26: Final Departure.

It’s your final day of the trip to Nepal. On your airport time, Mega Mount Trek will bid farewell and wish for a safe journey. Or if you have extra activities in Nepal then we do the further trip.

Package: Standard Package

Contact for pricing

Pricing depends on dates and group size. Contact us for a quote.

Inclusions

- Airports pick up and drop by private vehicle.
- Hotel in Kathmandu for 2Nights twin sharing with breakfast.
- Full day sightseeing tour in Kathmandu with experienced city guide.
- Grounded transportation and Flight from KTM to Bhadrapur and skater to KTM.
- All meals and accommodation during the Kanchenjunga trekking period.
- An experienced English speaking guide trained by gov. of Nepal.
- Highly experienced Kanchenjunga base camp trekking staffs.
- All governmental procedure permits fees and local taxes.
- medical kit, Nepali staff insurance.
- Travel and rescue arrangements.
- farewell dinner at a typical Nepalese restaurant.

Exclusions

- International airfare to and from Kathmandu.
- Lunch and dinner in Kathmandu.
- Travel / medical insurance and emergency evacuation.
- Hot and cold shower, battery recharge during Kanchenjunga trek.
- Personal expenses phone calls, bar bills, extra porters etc.
- Personal Kanchenjunga base camp trekking equipment's / gears.

- Tips for guides, porters, and driver.
- All others expenses not mentioned on price include section.

Gear checklist

Equipments List

EQUIPMENT LIST

Nepal Trekking Equipment List

This piece info is creating data on consumer goods and equipment needs, For those that would love an extra detailed discussion for equipment for Nepalese Himalayan Trek.

The following equipment list is required for Nepal Trekking and climbing and a list, you have to have suggested equipment just have with you, however, that you just might have your own personal first choice equipment which can be equally as appropriate

Footwear

- Walking boots with suitable ankle support that have been worn-in prior to the trek, and which are waterproof.
- Trainer or casual shoes, for trekking and/or for travelling.
- Warm socks for colder areas.
- Gaiters, in case of rain or snow

Legwear

- Loose, casual trousers for trekking.
- Thermal leggings for colder areas.
- Long skirt for women as an alternative to trousers.
- Waterproof trousers

Body

- Selection of T-shirts, and long sleeved shirts, preferably not cotton.
- Thermal shirt for colder areas.
- Warm shirt, possibly fleeces, for colder areas.
- Fleece jacket or warm wool jumper.
- Windproof, waterproof outer shell garment for higher altitudes.
- Down jacket (optional for cold nights & mornings; can be hired in Kathmandu cheaply)

Head/Hands

- Wool or fleece hat, or balaclava.
- Hat or cap for sun protection while trekking.
- Sunglasses or goggles.
- Warm gloves

Other items

- Strong rucksack or large hold all to be carried by porters.
- Daysack to be carried personally.
- Plastic bags or stuff sacks to store/separate trekking gear inside your main bag.
- One litre water bottle.
- Personal first aid kit to include essential items.
- Sleeping bag, 4 seasons.
- Torch, ideally head torch.
- Digital Camera and spare battery and battery charger! – For those not to be forgotten shots of the Himalaya.
- Toilet items and towel.
- Large handkerchief/bandana for neck

Optional items

- Binoculars
- Books (see Recommended Reading)
- Altimeter
- Compass
- Playing cards / backgammon / chess set

Recommended Mountaineering Kit

In addition to the items mentioned above for trekking, the following is a list of the additional specialist items which are required for the trekking peaks.

Plastic or leather mountaineering boots, with gaiters and crampons that have been tested for a good fit.

Peak Climbing

- fleece trousers
- Additional mitts and gloves suitable for climbing
- Ice axe, and ski poles (note – ice axe can be hired in Kathmandu)
- Climbing harness
- 2 x tape slings
- 2 x screw gate karabiners
- Descended/abseil device
- Ascender

Trip notes

Trip Highlights

Trip Details:

Total Duration: 26 Days.

Group Size: Min-2, Max 20.

Trekking Region: Kanchenjunga.

Trip Type Name: Kanchenjunga Circuit Trek.

Highest Altitude of the trek: 5150 m.

Highest Point: Kanchenjunga Circuit Trek (5150 m)

Grade: Difficult.

Transportation: Private Vehicle, Domestic Flight.

Accommodation: Semi Lodge/ or fully Camping.

Type of Tour: Trekking, Hiking, Walking, Culture

Trekking Hour: Approximately 6-7 hours each day.

Best Season: Autumn (Sep-Nov) and Spring (Mar-May).

Starting from: Kathmandu.

Ending at: Kathmandu.

Departure

Departure

Review

Trip gallery

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Plan your journey with our team

Thamel, Kathmandu, Nepal | +977-9745232234
megamounttreks@gmail.com | megamounttreks.com

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