Kanchenjunga Lumba Sumba & Makalu Base Trek

Duration: 42 Days | Location: Kanchenjunga & Makalu Region, Nepal



Trip at a glance

Category: Trekking in Nepal

Location: Kanchenjunga & Makalu Region, Nepal

Duration: 42 Days

Difficulty: 7/10

Trip Style: Kanchenjunga Lumba Sumba & Makalu Base Camp Trek

Best Time: Autumn (Sep-Nov) and Spring (Mar-May)

Transportation: Private Vehicle, Domestic Flight

Accommodation: Semi Lodge/ or fully Camping

Max Altitude: 4870 m

Group: Min-2, Max 20

Summary

Kanchenjunga national park is a pristine mountain park, named after its massive snow treasure.Mount Kanchenjuna 8586m topography, forests, and villages.

Overview

Trip Introduction

Kanchenjunga national park isa pristine mountain park, named after its massive snow treasure Mount Kanchenjunga. Mount Kanchenjunga is the third highest mountain in the world scaling 8,586m. The park is still enjoying on its wilderness, untouched by the change of time. The trek will go through diverse land topography, forests, and villages. Local Culture there Limbu, Sherpa, and Tibet Culture. And there two base Camp North and South Naturally beautiful. Milke Danda Trek,Everest Panorama Trek

Kanchenjunga Lumba Sumba & Makalu national park is a pristine mountain park, named after its massive snow treasure Mount Kanchenjunga. Mount Kanchenjunga is the third highest mountain in the world scaling 8,586 m. The park is still enjoying on its wilderness, untouched by the change of time. The trek will go through diverse land topography, forests, and Local villages.

During sunrise when the first rays of the sun hit the icy white peaks of Kanchenjunga, it produces an amazing scene which will forever be etched in your mind. As the journey starts from Kanchenjunga base camp to Makalu base camp, you get acquainted with another beautiful and majestic peak in the Himalayas. After returning from Kanchenjunga Base Camp we head towards to Ghunsa and crossing Nango La(4820m) then continuing towards the remote Yangma valley to the Olangchun Gola. From here, we then cross over Lumba Sumba Pass (5160 m) and then walk towards Chyantang. The beauty of Makalu cannot be described in words.

Lumba Sumba passes 5151 m lies in-between Kanchenjunga and Makalu Barun national park. This pass offers magnificent views of Mount Everest, Lhotse, Baruntse, Makalu and Kanchenjunga range. Limbu, Sherpa and Tibet Culture. This is the last village bordering to Tibet which comprises of the 445-year-old monastery. ,Annapurna Circuit Trek

There are other trekking itinerary and costing in Kanchenjunga South base camp trek

Day by day itinerary

Trip Itinerary

Day 01: Arrival in Kathmandu -1350m.

Day 02: Preparation in Kathmandu for the trekking.

Day 03: fly Kathmandu to Bhadrapur and drive Ilam Baazar overnight lodge.

Day 04: Ilam to Taplejunga (1820m).

Day 05: Taplejunga to Mitlung (1920m).

Day 06: Mitlung to Chiruwa (1270m-6 hrs.

Day 07: Chiruwa shekhadum (1885m)-6 hrs.

Day 08: Sekathum to Amjilasa (3410m)-6 hrs.

Day 09: Amjilasa to Gyapla-2730m 5 hrs.

Day 10: Gyapla to Ghunsa-3415m-7 hrs.

Day 11: Acclimatization and rest day in the Ghunsa.

Day 12:Ghunsa to Khambachen-4145m 6 hrs.

Day 13: Khambachhen to Lhonak-4790m -5hrs.

Day 14: Lhonak to Kancchenjunga base camp-5150m and back to Lhonak-7hrs.

Day 15: Lhonak.to Khambachhen.

Day 16: Khambachhen to Ghunsa-5 hrs.

Day 17: Ghunsa to Yak Kharka (3430)-6 hrs Nango la pass (4820m).

Day 18: Yak Kharka to Olangchung Gola (3191) -6 hrs.

Day 19: Olangchung Gola to Sanjung pass camp 6-hrs (4003m) .

Day 20: Sanjung to base camp another site 6 hrs (3556m).via Lumbha Sumba pass (5159m).

Day 21: base cam to Thudam 6hrs. (3556m).

Day 22: Thudam to Kharka 6 hrs (3000m).

Day 23: Kharka to chyantang 5 hrs (2187m).

Day 24: Chanting to Hongon 5 hrs (2323m).

Day 25: Hongon to Rakim kharka 5:30 hrs (3250m).

Day 26: Vakim kharka to Molun Pokhari 4:30 hrs (3954m).

Day 27: Molun Pokhari to saldime Khola 6 hrs (2980m).

Day 28: Saldim Khola to Cave camp 6:30 hrs (4097m).

Day 29: Cave camp to kalo Bokhari (Adventures camp) 6 hrs (3800m).

Day 30: Kalo Pokhari to kharka 7 hrs (4098m).

Day 31: Kharka to langmale kharka 5 hrs (4410m).

Day 32: Langmale kharka to Makalu Base camp 5 hrs (4870 m).

Day 33: Makalu Base camp Rest day .

Day 34: Maklu Base Camp to Yangle Kharka 7 hrs (3540).

Day 35: Yangle Kharka to Mumbuk 6 hrs (3570).

Day 36: Mumbuk to home 5 hrs (3500).

Day 37: Khong to Tashi Goun 5 hrs (2060).

Day 38: Tashi Goun to Banangtk 6 hrs (1520).

Day 39: Banangtk to bumbling 6 hrs (1160m)

Day 40: Bumling to Tumlingtar 5 hrs (860m).

Day 41: Fly Tumlingtar to Kathmandu (1360m).

Day 42: Kathmandu Hotel to International Airport ..

Package: Standard Package

Contact for pricing

Pricing depends on dates and group size. Contact us for a quote.

Inclusions

- Airports pick up and drop by private vehicle.
- Hotel in Kathmandu for 2 Nights twin sharing with breakfast.
- Full day sightseeing tour in Kathmandu with an experienced city guide.
- Grounded transportation and Flight from KTM to Bhadrapur and skater to KTM.
- All meals and accommodation during the Kanchenjunga trekking period.
- An experienced English speaking guide trained by gov. of Nepal.
- Highly experienced Kanchenjunga base camp trekking staffs.
- All governmental procedure permits fees and local taxes.
- medical kit, Nepali staff insurance.
- Travel and rescue arrangements.
- farewell dinner at a typical Nepalese restaurant.

Exclusions

- International airfare to and from Kathmandu.
- Lunch and dinner in Kathmandu.
- Travel / medical insurance and emergency evacuation.
- Hot and cold shower, battery recharge during Kanchenjunga trek.

- Personal expenses phone calls, bar bills, extra porters etc.
- Personal Kanchenjunga base camp trekking equipment's / gears.
- Tips for guides, porters, and driver.
- All other expenses not mentioned on price include section.

Gear checklist

Equipments List

EQUIPMENT LIST

Nepal Trekking Equipment List

This piece info is creating data on consumer goods and equipment needs, For those that would love an extra detailed discussion for equipment for Nepalese Himalayan Trek.

The following equipment list is required for Nepal Trekking and climbing and a list, you have to have suggested equipment just have with you, however, that you just might have your own personal first choice equipment which can be equally as appropriate

Footwear

- Walking boots with suitable ankle support that have been worn-in prior to the trek, and which are waterproof.
- Trainer or casual shoes, for trekking and/or for travelling.
- Warm socks for colder areas.
- Gaiters, in case of rain or snow

Legwear

- Loose, casual trousers for trekking.
- Thermal leggings for colder areas.
- Long skirt for women as an alternative to trousers.

- Waterproof trousers

Body

- Selection of T-shirts, and long sleeved shirts, preferably not cotton.
- Thermal shirt for colder areas.
- Warm shirt, possibly fleeces, for colder areas.
- Fleece jacket or warm wool jumper.
- Windproof, waterproof outer shell garment for higher altitudes.
- Down jacket (optional for cold nights & mornings; can be hired in Kathmandu cheaply)

Head/Hands

- Wool or fleece hat, or balaclava.
- Hat or cap for sun protection while trekking.
- Sunglasses or goggles.
- Warm gloves

Other items

- Strong rucksack or large hold all to be carried by porters.
- Daysack to be carried personally.
- Plastic bags or stuff sacks to store/separate trekking gear inside your main bag.
- One litre water bottle.
- Personal first aid kit to include essential items.
- Sleeping bag, 4 seasons.
- Torch, ideally head torch.
- Digital Camera and spare battery and battery charger! – For those not to be forgotten shots of the Himalaya.

- Toilet items and towel.
- Large handkerchief/bandana for neck

Optional items

- Binoculars
- Books (see Recommended Reading)
- Altimeter
- Compass
- Playing cards / backgammon / chess set

Recommended Mountaineering Kit

In addition to the items mentioned above for trekking, the following is a list of the additional specialist items which are required for the trekking peaks.

Plastic or leather mountaineering boots, with gaiters and crampons that have been tested for a good fit.

Peak Climbing

- fleece trousers
- Additional mitts and gloves suitable for climbing
- Ice axe, and ski poles (note – ice axe can be hired in Kathmandu)
- Climbing harness
- 2 x tape slings
- 2 x screw gate karabiners
- Descended/abseil device
- Ascender

Trip notes

Trip Highlights

Trip Details:

Total Duration: 42 Days.

Group Size: Min-2, Max 20.

Trekking Region: Kanchenjunga & Makalu.

Trip Type Name: Kanchenjunga Lumba Sumba & Makalu Base Camp Trek.

Highest Altitude of the trek: 4870 m.

Highest Point: Kanchenjunga Lumba Sumba & Makalu Base Camp (4870 m)

Grade: Difficult.

Transportation: Private Vehicle, Domestic Flight.

Accommodation: Semi Lodge/ or fully Camping.

Type of Tour: Trekking, Hiking, Walking, Culture

Trekking Hour: Approximately 6-7 hours each day.

Best Season: Autumn (Sep-Nov) and Spring (Mar-May).

Starting from: Kathmandu.

Ending at: Kathmandu.

Departure

Departure

Review

Trip gallery

View photo on the trip page



Kanchenjunga Lumba Sumba & Makalu Base Trek - photo 2

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Plan your journey with our team

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