Lhotse Mt Expedition

Duration: 48 Days 47 Night | Location: Nepal



Trip at a glance

Category: Trekking in Nepal

Location: Nepal

Duration: 48 Days 47 Night

Difficulty: 6/10

Trip Style: Trekking & Hiking

Best Time: Apr – Jun / Sep – Nov Dec

Accommodation: Semi Lodge/ or fully Camping

Max Altitude: 8516 m

Group: Min. 1- Max.15

Summary

Lhotse Mt Expedition is Eastern part of the Solukhumbu District, Mt Lhotse is the 4th highest mountain in the world and eighth highest mountain in Nepal..

Overview

Trip Introduction

Lhotse Mt Expedition is Eastern part of the Solukhumbu District, Nepal lies in Lukla its take 5 days from Lukla to Base Camp. Mt Lhotse is the 4th highest mountain in the world and eighth highest mountain in Nepal. For the interested clients who would like to summit a M.t Lhotse. It is best mountain to climb if u want. We will provide you warm and good hospitality. Where your climbing will be remarkable for your life time. You can find more about it in web pages. Kanchenjunga Circuit Trek

It is the fourth highest mountain in the world at 8,516 metres (27,940 ft), after Mount Everest, K2, and Kangchenjunga. Part of the Everest massif, Lhotse is connecte to the latter peak via the South Col. Lhotse means “South Peak” in Tibetan. In addition to the main summit at 8,516 metres (27,940 ft) above sea level. The mountain comprises the smaller peaks Lhotse Middle (East) at 8,414 m (27,605 ft), and Lhotse Shar at 8,383 m (27,503 ft). The summit is on the border between China, Tibet and the Khumbu region of Nepal.Climbing Lhotse is an excellent alternative to the Everest Expedition while being much more affordable. Ghorepani poon hill trek

The Lhotse expedition route progresses through the Khumbu icefall. It follows the same path as the standard Everest ascent, up to a point above the Yellow Band. Then, the routes diverge – Everest climbing parties head to the left of South Col, and Lhotse climbers turn right. Hope that you will join this event an we can be friend an share tradition and a lot more thinking. This is also get on list on above the eight thousand meter mountains. You can have good time while climbing the mountain with warm and good hospitality. Pikey Peak Trek, Mera Peak Climbing

Day by day itinerary

Trip Itinerary

Day 01: Arrival KTM & transfer to hotel -1300m/4264ft

Upon your arrival in the Tribhuvan international airport, our representative will welcome you and will assist to transfer you in your hotel in Kathmandu. You may relax at your hotel or go around for shopping. In the evening Himalayan Glacier Trekking will organize welcome dinner for you in a centrally located Nepalese restaurant while briefing about your adventurous trip will take place. Overnight at hotel.

Day 02-03: At leisure in Kathmandu

Sightseeing and Preparation for Everest Expedition. While the leader attends a formal briefing in the Ministry of Tourism, you will explore the fascinating city of Kathmandu. You will visit famous Stupa, Boudhnath and the popular Hindu pilgrimage site, Pashupatinath Temple. In the late afternoon, the leader will check everyone's equipment, as Kathmandu is the last opportunity to buy anything missing. You will also get introduced with fellow expedition members and guides. Overnight at hotel.

Day 04: Fly Kathmandu to Lukla – 2,840m/9,315ft

An early morning scenic flight to Lukla. In Lukla, we will meet our camp staff and porters and set off straightaway for our first night's stop at Phakding. Situated on the banks of the Dudh Kosi which drains the whole of the Khumbu region, Phakding on the main trade route through the area and there are a number of clean well-built lodges where we can spend the night.

Day 05: Trek to Namche Bazar

Continue up the banks of the Dudh Kosi, crossing it twice by small suspension bridges before reaching the village of Monjo where we will enter the Khumbu National Park. Cross the confluence of the Dudh Kosi and the Bhote Kosi on a high suspension bridge and climb steeply for about two hours to reach Namche Bazaar. This is a prosperous trading town and the capital of the Khumbu region with genuine Tibetan artifacts.

Day 06: At leisure in Namche Bazar

We spend a day in Namche Bazar resting and allowing our bodies to become acclimatized to the altitude of 3,450m (11,300ft).

Day 07: Trek to Thyangboche

The well worn Everest trail contours around the side of the valley high above the Dudh Kosi. Follow the path, savoring the first really good views of the great peaks of the Khumbu: Everest, Lhotse, Nuptse and

Ama Dablam. Passing by several villages and numerous tea shops, cross the Dudh Kosi River and make a steep climb to Thyangboche, home of an impressive and newly rebuilt monastery.

Day 08: Trek to Dingboche

Shaded by rhododendron trees, the path leads gradually down to the river once again to another airy suspension bridge. An hour's walking from here brings us to Pangboche, an excellent viewpoint for Ama Dablam. Contouring up the valley side, re-cross the river and turn up the Imja valley to reach the picturesque farming village of Dingboche.

Day 09-14: Acclimatization

This is an important phase of the expedition. Dingboche is a good location for acclimatization. The team leader will organize daily outings to the adjacent hills with the aim of providing gradual acclimatization. Walk some of the nearby hills in order to slowly increase exposure to altitude. Follow the regime that you have previously found most suitable, in order to give you maximum acclimatization before arrive in base camp.

While in Dingboche, we can attend a seminar on high altitude acclimatization at a hospital run by the Himalayan Rescue Association nearby Pheriche. The walk over to Pheriche and back will also serve as good acclimatization training.

Day 14-40: Climbing period of Lhotse and Back to Base Camp

Climbing period of Lhotse and Back to Base Camp

Day 41-43: Trek to Namche Bazaar via Dingboche and Thyangboche

Trek to Namche Bazaar via Dingboche and Thyangboche

Day 44-45: Trek to Phakding and Lukla

Trek to Phakding and Lukla

Day 46: Fly Lukla to Kathmandu

We will return to the welcome haven of the Hotel. Once back in Kathmandu, Himalayan Glacier will host an evening barbecue to celebrate the expedition and as a farewell party to thank the Sherpas for their support and friendship.

Day 47: Rest day in Kathmandu

Today the journey comes to an end. There's nothing to do but trade emails with your new friends, organize all your photos and final preparation for departure from Nepal.

Day 48: Departure to your next destination

Departure to your next destination

Important Note

Your safety is of paramount concern while traveling with Himalayan Glacier. Please note that your leader has the authority to amend or cancel any part of the itinerary if it is deemed necessary due to safety concerns. Every effort will be made to keep to the above itinerary; however, since this adventure entails travelling in remote mountainous regions, we cannot guarantee that we will not deviate from it. Weather conditions, health condition of a group member, unexpected natural disasters, etc., can all contribute to changes in the itinerary. The leader will try to ensure that the trip runs according to plan, but please be prepared to be flexible if required.

Package: Standard Package

Contact for pricing

Pricing depends on dates and group size. Contact us for a quote.

Inclusions

- Arrival in International Airport and Departure.
- 5 Night's 3-star hotel in Kathmandu with Bed & Breakfast.
- Kathmandu Sightseeing with Tour Guide.
- Entrance fee in Sagarmatha National Park.
- AmaDablam Climbing Permit.
- Professional Mountain Guide between 2 client 1 Guide Climbing Period.
- Round Kathmandu-Lukla-Kathmandu air Ticket.

- Domestic airport departure taxes.
- Tea House Accommodation, breakfast launched dinner.
- Breakfast, lunch, dinner climbing period.
- Guide, Cook, Sherpa, Kitchen staffs and porters.
- High food and Tent.
- Accident and emergency rescue Insurance and Equipment for Climbing Guide, cook, and staff.
- Group Climbing Equipment.
- Base camp Charge.
- Liaison officer.

Exclusions

- Personal Climbing Gear and equipment. Lunch and Dinner in Kathmandu.
- Extra night accommodation in Kathmandu because of late departure, early return from mountain(due to any reason) than the scheduled itinerary.
- Excess baggage charges if you have more than 30KG luggage.
- Personal communications (Satellite phone, phone, fax, email).
- Personal Climbing Sherpa (must be arranged before the expedition).
- Travel/rescue insurance.
- Summit Bonus for climbing guide.
- Any rescue costs or costs of early departure from the expedition.
- Tipping for staff and guide.

Gear checklist

Equipments List

Trip notes

Trip Highlights

Trip Duration: 48 days.

Trekking Duration: 48 days.

Grade: Challenging.

Accommodation: Semi Lodge/ or fully Camping.

Activities: Lhotse Mt Expedition.

Highest Point: Lhotse Mt Expedition (8516).

Group size: Min. 1- Max.15.

Season: Apr – Jun / Sep – Nov Dec.

Max. Altitude: 8516 m.

Transport: Fly in -Fly Out.

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Departure

Departure

Review

Trip gallery

View photo on the trip page



Lhotse Mt Expedition - photo 2

View photo on the trip page

Plan your journey with our team

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