Lobuche West Peak Climbing

Duration: 23 Days 22 Night | Location: Nepal



Trip at a glance

Category: Trekking in Nepal

Location: Nepal

Duration: 23 Days 22 Night

Difficulty: 6/10

Trip Style: Trekking & Hiking

Best Time: Spring & Autumn

Meal: breakfast, lunch, & Dinner)

Summary

Mt. Lobuche West is one of the widely heard and admired peaks, which stands as a small settlement of Mt. Lobuje in Khumbu region of eastern Nepal.

Overview

Trip Introduction

Mt. Lobuche West also spelled as Lobuche West, is one of the widely heard and admired peaks, which stands as a small settlement of Mt. Lobuje in Khumbu region of eastern Nepal. The peak with the elevation of 6145 meters above the sea level is placed approximately 8.5 km southwest of the Everest Base Camp. The peak is among the separations of Mt Lobuje other being Lobuje Far East, Lobuje East, and Lobuche Kang. Lobuje West exhibits comparative complications than other Lobuje peaks requiring the use of ropes, crampons, and ice ax. So, this climbing asks for more technical know-how and some alpine mountaineering experience.

Basically, Lobuche West peak climbing follows Everest base camp trekking trail from Lukla leading to Lobuche West base camp. Here, the camp is set for acclimatization and preparation is done for the further ascent to the peak. On the way the visitors can enjoy the excellent vista of great Himalayan peaks including mighty Mt. Everest (8848 m), Mt. Nuptse (7879 m), Mt. Lhotse (8516 m), Mt. Makalu (8475 m), Mt. Ama Dablam (6856 m), and possibly others. The adventure one can feel in the atmosphere around here is phenomenal and simply can't be expressed in words.

There are another peak expedition in Khumbu region like Ama Dablam Expedition and Mount Everest Expedition (8848)

Day by day itinerary

Trip Itinerary

Day 01: Arrival in Nepal. Hotel Check-in.

Day 02: Rock Climbing Course at Balaju, a natural rock climbing spot and briefing for upcoming peak climbing adventure.

Day 03: Flight from Kathmandu to Lukla Then trek to Phakding.

Day 04: Trek from Phadking to Namche Bazaar.

Day 05: Rest day at Namche Bazaar for Acclimatization.

Day 06: Trek from Namche Bazar to Phortse Thanga.

Day 07: Trek from Phortse Thanga to Dole (4040m).

Day 08: Trek from Dole (4040 m) to Machhermo (4410 m).

Day 09: Trek from Machermo to Gokyo (4750 m).

Day 10: Gokyo Ri Peak ascent (5480 m).

Day 11: Trek from Gokyo to Thang Na.

Day 12: Trek from Thang Na cross Cho La Pass (5420 m) to Dzongla.

Day 13: Trek from Dzongla to Lobuche west Base Camp (5350 m).

Day 14: Trek from Lobuche west Base Camp to High Camp (5850 m).

Day 15: Summit Lobuche West Peak(6145 m) and back to High Camp.

Day 16: Trek from High Camp to Pheriche.

Day 17: Trek from Pheriche to Tyangboche.

Day 18: Trek from Tengboche to Khumjung

Day 19: Trek from Khumjung to Manjo.

Day 20: Trek from Manjo to Lukla.

Day 21: Flight from Lukla to Kathmandu (1350m).

Day 22: Kathmandu Valley city tours including world heritage sites and evening celebration farewell dinner together.

Day 23: Departure.

Package: Standard Package

Contact for pricing

Pricing depends on dates and group size. Contact us for a quote.

Inclusions

- All arrival and departure transfer services to and from Airport both Domestic and International with other necessary surface transport as per itinerary.
- Assistance at the International airport by our representative while arriving and departing.
- Three nights accommodations at tourist class hotels in Kathmandu on B/B basis.
- Necessary staffs including experienced climbing and trekking guides and porters during the trekking and climbing.
- Flight Tickets for the sector to all climbing member and Staff.
- Necessary trekking and camping equipment.
- 3 meals a day (Breakfasts, Lunch, and Dinners with tea or coffee) along with available accommodation at Hotel/Lodge/Guest Houses or tents for members and staffs during trek and climbing in twin sharing basis.
- Per person 25 kg baggage allowance during trekking-up carrying by the porter.
- Trekking Permit (National Park entry fee) and TIMS card (Trekking Information Management System).
- All Necessary Climbing Permits.
- All wages, equipment, medical and accidental Insurances for all involved staffs.
- First Aid medical kits for the Group and the staffs.
- Appropriate food for high altitude and all climbing crew at base camp and above as required.
- All necessary paper works, office Service charge, and Government Taxes levied in Nepal Complete pre-departure information, flight ticket reconfirmation, and visa extension procedure services (if necessary).
- Welcome and Farewell Dinner in a typical Nepali restaurant with domestic culture show in Kathmandu.

Exclusions

- Lunch and Dinner during your stay in Kathmandu (except farewell dinner).
- Any packed food/snacks, aerated drinks, energy drinks, mineral water, alcohol, cigarettes, chocolates, nutria-bars.
- Items of personal nature, Laundry Expenses, Tips.
- Expenses incurred towards usage of landlines, mobiles, walkie-talkies or satellite phones, And Internet expenses.
- Clothing, Packing Items or Bags, Personal Medical Kit, Personal Trekking Gears.
- Any extra services or products or offers or activities which are not mentioned in the itinerary Any extra expenses arising out of various/unforeseen situations like natural calamities, landslides, political disturbances, strikes, changes in Government regulations.
- Required fixed and dynamic rope during the climbing period.
- Any additional staff other than specified.
- Rescue, Repatriation, Medicines, Medical Tests and Hospitalization expenses.
- Oxygen Cylinders, Masks, Hoses and Regulators. Though INT will provide the same, usage of Oxygen Cylinders, Masks, Hoses, and Regulators will be charged extra.
- Medical Insurance and emergency rescue evacuation if required.
- Travel Insurance and helicopter rescue.
- Airfare of international flights.
- All trekking and camping equipment like camp furniture, kitchenware, dining tents, guest tents, etc.
- Nepal entry visa fee (Visa issuance is easy at the arrival).
- Icefall Garbage Deposit fees (Sharing with another member) if applicable.
- Wake talkies & Filming permit.
- Tips, gifts, souvenirs.

Gear checklist

Equipments List

EQUIPMENT LIST

Nepal Trekking Equipment List

This piece info is creating data on consumer goods and equipment needs, For those that would love an extra detailed discussion for equipment for Nepalese Himalayan Trek.

The following equipment list is required for Nepal Trekking and climbing and a list, you have to have suggested equipment just have with you, however, that you just might have your own personal first choice equipment which can be equally as appropriate

Footwear

- Walking boots with suitable ankle support that have been worn-in prior to the trek, and which are waterproof.
- Trainer or casual shoes, for trekking and/or for travelling.
- Warm socks for colder areas.
- Gaiters, in case of rain or snow

Legwear

- Loose, casual trousers for trekking.
- Thermal leggings for colder areas.
- Long skirt for women as an alternative to trousers.
- Waterproof trousers

Body

- Selection of T-shirts, and long sleeved shirts, preferably not cotton.
- Thermal shirt for colder areas.

- Warm shirt, possibly fleeces, for colder areas.
- Fleece jacket or warm wool jumper.
- Windproof, waterproof outer shell garment for higher altitudes.
- Down jacket (optional for cold nights & mornings; can be hired in Kathmandu cheaply)

Head/Hands

- Wool or fleece hat, or balaclava.
- Hat or cap for sun protection while trekking.
- Sunglasses or goggles.
- Warm gloves

Other items

- Strong rucksack or large hold all to be carried by porters.
- Daysack to be carried personally.
- Plastic bags or stuff sacks to store/separate trekking gear inside your main bag.
- One litre water bottle.
- Personal first aid kit to include essential items.
- Sleeping bag, 4 seasons.
- Torch, ideally head torch.
- Digital Camera and spare battery and battery charger! – For those not to be forgotten shots of the Himalaya.
- Toilet items and towel.
- Large handkerchief/bandana for neck

Optional items

- Binoculars

- Books (see Recommended Reading)
- Altimeter
- Compass
- Playing cards / backgammon / chess set

Recommended Mountaineering Kit

In addition to the items mentioned above for trekking, the following is a list of the additional specialist items which are required for the trekking peaks.

Plastic or leather mountaineering boots, with gaiters and crampons that have been tested for a good fit.

Peak Climbing

- fleece trousers
- Additional mitts and gloves suitable for climbing
- Ice axe, and ski poles (note – ice axe can be hired in Kathmandu)
- Climbing harness
- 2 x tape slings
- 2 x screw gate karabiners
- Descended/abseil device
- Ascender

Trip notes

Trip Highlights

Starting from: Lukla.

Ending at: Lukla.

Grade: Challenging.

Highest access of the trek: 6,145M.

Trekking type: Peak Climbing.

Himalayan sights: Everest, Ama Dablam, Lhotse, etc.

Best Season: Spring & Autumn.

Meal: breakfast, lunch, & Dinner).

Activities: Peak Climbing.

Minimum Group Size: 2pax.

Departure

Departure

Review

Trip gallery

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Plan your journey with our team

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