Lumba Sumba pass Trek

Duration: 19 Days | Location: Kanchenjunga Region, Nepal



Trip at a glance

Category: Trekking in Nepal

Location: Kanchenjunga Region, Nepal

Duration: 19 Days

Difficulty: 7/10

Trip Style: Lumba sumba pass trek 19 days trek

Best Time: Autumn (Sep-Nov) and Spring (Mar-May)

Transportation: Private Vehicle, Domestic Flight

Accommodation: Semi Lodge/ or fully Camping

Max Altitude: 4594 m

Group: Min-2, Max 20

Summary

Lumba sumba pass trek 19 days trek/Lumba sumba pass trek is Kanchenjunga national park is a pristine mountain park/ Mount Kanchenjunga is the third highest/

Overview

Trip Introduction

Lumba sumba pass trek is Eastern park of the Taplejung District Nepal. Lumba sumba pass trek is Kanchenjunga national park is a pristine mountain park, named after its massive snow treasure Mount Kanchenjunga. Mount Kanchenjunga is the third highest mountain in the world scaling 8,586 m. The park is still enjoying on its wilderness, untouched by the change of time. The trek will go through diverse land topography, forests, and villages. Local Culture there Limbu, Sherpa, and Tibetan Culture. And there two base Camp North and South Naturally beautiful.

Mount Kanchenjunga is the third highest mountain in the world scaling 8,586 m. The park is still enjoying on its wilderness, untouched by the change of time. The trek will go through diverse land topography, forests, and villages. Olangchung Gola is an ancient business hub in the eastern region of Nepal. This is the last village bordering to Tibet which comprises of the 445-year-old monastery. Olangchung Gola is mostly inhabited by Sherpa's. The region is also home of rare animal Red Panda and different vegetation of plants. The economy of this place is based on business trade with Tibet and animal husbandry.
Everest Base Camp Trek

Lumba Sumba passes 5151 m lies in-between Kanchenjunga and Makalu Barun national park. This pass offers magnificent views of Mount Everest, Lhotse, Baruntse, Makalu and Kanchenjunga range. Limbu, Sherpa and Tibet Culture.

There are other trekking itinerary and costing in Kanchenjunga South base camp trek

Day by day itinerary

Trip Itinerary

Day 01: Arrived at Kathmandu valley

Upon arrival in Kathmandu, Tribhuvan International Airport, we will receive you with private vehicle and transfer to hotel in Kathmandu within B/B plan. Our representative will give you brief information about Lumba sumba pass trek programs.

Day 02: Kathmandu city – World Heritage sites(1348m) sightseeing.

All aspects of gear and conditions are discussed to make sure you're fully prepared for the trip, and any last minute questions answered. Our professional private tourist guide will be there to take you roughly about 10 AM for your city tour. Then you can explore this medieval capital city Kathmandu together. We visit Boudhanath, also known as Little Tibet. Then we visit Pashupatinath, holy temple of Hindu where cremation takes place by the holy river Bagmati. Later we visit Kathmandu Durbar Square and Swayembhunath Stupa. And transfer to hotel.

Day 03: Kathmandu to Taplejung and trek to Phoomling (Taplejung)

The trek starts over Fungling (1777m) – the headquarters of Taplejung district. The trek passes through beautiful cardamom fields and Alnus trees (Uttis) until Hangdewa VDC which takes around two and half hours. On the way, there are small tea shops at Asangpati Tole, Gaigode Tole and Panisar Tole that can be used for alternative accommodation as they provide homestay facilities. From Panisar, the trek is downhill until the suspension bridge that acts as a border between Hangdewa VDC and Furumbu VDC. A walk of 10 minutes takes us to Pawa Village (1546m) for lunch. After lunch, the trek progresses along the banks of Tamor River to Mitlung – a walk of around two hours. Mitlung (909m) is our destination for the day as it has good camping sites with facilities like kitchen and dining hall.

Day 04: Trek to Mithlung (909m/2,973 ft) village, 5 hours

The trek passes along the banks of Tamor River, it is a pleasing walk until Furumbu – a 40 minute walk from Mitlung. From Furumbu, the trail is uphill for half hour then descends through mixed forest to Siwa Bazar (950m) at Linkhim gau. We can reach Siwa Bazaar where you can buy drug store, groceries. There is also a police station. After lunch, the trek runs along the Tamor River until tiny Tawa Village. The trek runs uphill from here until we reach the KCAP Entrance Gate (1300m) at Thiwa Village. From here, the trek gradually descends until Chiruwa – our destination for the day. Chiruwa (1246m) is a small market with a couple of lodges and good camping sites. It is a popular stopover for tourists and locals alike.

Day 05: Trek to Chhirwa (1246m/4,074 ft) village, 6 hours.

Trek runs along the mighty Tamor River but there are two big stones with religious significance. The trek passes through Ulnus trees passes until we reach a big landslide that takes around half an hour to cross.

After a walk from Chiruwa through beautiful cardamom gardens, we reach Tapethok (1340m) for lunch. It is a small market with some tea shops. There is also a KCAP checkpoint at Tapethok. After lunch, it is a pleasing walk until Pembu (1486m). From Pembu, it is an uphill climb to Lelep (1687m) – our destination for the day. The KCAP headquarters is in Lelep. Similarly, there is a police station, some tea shops, groceries, and hotels. There are also some good camping sites in Lelep.

Day 06: Trek to Lele (1687m /5,517 ft) village, .

After breakfast, the trek runs along the bank of Tamor River through dense forest that offers good habitat for different wildlife species. You can see some wild species if you are lucky. We crossed a suspension bridge after a walk from Lelep. After crossing a suspension bridge, it is an uphill climb through pine forest until we reach a monastery. From there, the trek gradually descends to Gowatar (1800m) where we have lunch. After a walk of around half an hour from Gowatar, we reach a place that offers spectacular views of two waterfalls about 100 meters tall. A walk of about half an hour from here takes us to Phedi. After crossing Tamor River, it is an uphill climb for about 40 minutes until we reach a resting place known as chautaro in a local dialect. Another 20 minutes walk will take us to our camping site at Ela Danda (2051m). The place offers a panoramic view of the snow-covered mountain including the Small Kasturi Peak and Tamor River.

Day 07: Trek to Selep Kharka (2526m / 8,260 ft) village, 6 hours

During the trekking day is pleasing as it passes through Ulnus and Rhododendron forest until we reach a suspension bridge. Than trek passes through dense bamboo groves (spread over around 5 hectares). This place is popular among trekkers as the habitat of the red panda. If you are lucky, we might catch a sight of red panda from the trail itself. We reach Maguwa (2435m) for lunch. Then walk through maple and Ulnus forest, cross a big landslide on the way, we reach at Selep Kharka (2525m) where we stay overnight.

Day 08: Trek to Walungchung Gola (3209 m) 10,493 ft) village, 7 hours.

Trek runs along the banks of Tamor River leading to a place called Jongim (2641), a flat land surrounded by snow-capped hills. Another 40 minutes walk through rhododendron forest from Jongim, takes us to a suspension bridge. After an uphill walk of about an hour from the suspension bridge, we reach Ramite (2685m) for lunch. At Ramite, we can see a mixed forest of Deodar and rhododendron. We see a beautiful waterfall after a walk of about an hour from Ramite. If you are lucky, you might be rewarded with the view of the red panda from here. We caught the first glimpse of Olangchung Gola after a walk of around 45 minutes from the waterfall. After a climb of about 40 minutes, we finally reach the camping site at Olangchung Gola (3208m). Olangchung Gola is a beautiful Sherpa village with around 45 houses, a 465 years old monastery with the golden manuscript and KCAP office. There is also a sub-health post,

a primary school and a border police station at Olangchung Gola.

Day 09: Trek to Mattiello Langmale (3893 m / 12,730 ft) village, 6 hours

The trek in the next three days will pass through complete wilderness. As the trek is in complete wilderness, it is better to hire a local Sherpa to avoid getting lost. However, piles of stones along the way act as signposts, showing us our direction. The trek passes through pine and rhododendron forests. Reaching at Jadak (3636m) we take a lunch than about three hours of the journey will take us to our camping site at Upper Langmale (3893m).

Day 10: Trek to Pass camp (4747m /15,523 ft), 5 hours

The eighth day trek can be interesting as snow leopards have been sighted numerous times from this trek. The trek runs along the Tamor River and on the other side of the river lies dense rhododendron forest. After a walk of about three hours, we reach Tangchetar (4203m) for lunch. Another three hours walk after lunch will lead us to our camping site at Pass Camp (4747m).

Day 11: Trek to Chaurikharka (4594m / 15,022 ft), 6 hours

This would be the most difficult yet most memorable day of this trek. This day the trek will pass through the Lumba Sumba Peak (5200m). It is better to start early as it will be difficult to cross the peak afternoon. The trek climbs a bit up and again runs down. It is better to take a packed lunch, as there are no good camping sites around. After a walk of about four and a half hour from Pass Camp, we climb the Lumba Sumba Peak and descend down to Chaurikharka (4594m) for night's stay.

Day 12: Trek to Thudam (3500m / 11,445 ft), 5 hours

The trek is downhill from Chaurikharka as we come back to civilization after tiring walk for three days. After a walk of about three and a half hours, we came across two roads – one to Lyasha in Tibet and the other toward Thudam. We prepared our lunch at this place. A walk of about three hours takes us to Thudam for the night's accommodation. Thudam (3500m) is a small village with around 30 houses of Sherpa people.

Day 13: Trek to Kharka (2878m / 9,411 ft), 6 hours

The eleventh day trek runs along the banks of Chujung Khola. The trail offers a panoramic view of peaks in the Makalu range. On the way, you see a lot of small bushes and bamboo groves – the best habitat for red panda. If you are lucky, you can see this endangered species. It is better to carry packed lunch, as it is difficult to find drinking water along the trail. After a walk of about six-hours from Thudam, we reach Kharka (2877m) for the night's halt.

Day 14: Trek to Chyamthang (2229m/7,289 ft)

The twelfth day's walk passes through dense rhododendron forest. As there are no villages on the way and also there are numerous side trails, it is better to hire a local guide to avoid getting lost. After a walk of about three hours form Kharka, we reach a place called Chaurikharka for lunch. From Chaurikharka, we can clearly see Chyamtang (2229m), Arun River, Ridha Village and the road that leads to Kimathanka. After lunch, the trek is all downhill for about three hours until we reach Arun River. After crossing the suspension bridge over the Arun, the trek is uphill for about an hour until Chyamthang – our destination for the day. Chyamthang (2229m) is a small yet beautiful village with stone houses. Sherpas are the dominant population in the village.

Day 15: Trek to Hatiya (1595 / 5,216 ft) village, 5 hours

The trail on the day passes through rhododendron forest. The walk is easy as chirping of birds make you feel refreshed. The trail is one of the popular places for birding as we are entering Arun Valley that is home to several bird species. Lunch at Gimber Village offers a spectacular view of snowcapped peaks in the Makalu range. From Gimber, the walk is easy and after a trek of about three hours, we reach Hatiya (1595) for the night's stay. Hatiya – a small village of Bhote people – is the entry point to the Makalu National Park.

Day 16: Trek to Gola (1128m / 3,689 ft) village, 5 hours.

The trek on the 14th day runs along the banks of Arun River. We reach the confluence of Arun and Barun rivers. After having lunch near the river confluence, the trek progress toward Gola – our destination for the day. A walk of around two and a half hours after lunch takes us to our camping site at Gola. Gola is a very small village with only 12 houses. Sherpa, Rai and Tamang people reside here.

Day 17: Trek to Gadhi (1800m / 5,886 ft) village, 6 hours

The trek passes through paddy fields, pleasing as the trail makes a short descent, but again makes a short climb. Pathibhara (1524m) is a small Gurung village with tea shops, groceries and some hotels. The trail after lunch passes through agricultural land and we can find plenty of water sources and small settlements along the way. We reach Gadhi (1,800m) – our destination for the day – after a walk of around three hours from Pathibhara. Gadhi (that means fort in the Nepali language) is a place of great historical significance as Nepali Army fought bravely with invading Tibetan Army at this place and chased them away. Gadhi is a small village market with a health post, a school and a police station.

Day 18: Drive of fly back to Kathmandu

This is the last day of our trekking. A walk of about two and half hours from Gadhi takes us to Num. From Gadhi, the trek is about an hour downhill till the Arun River. After crossing the river, an uphill climb of about one and half hour takes us to the Num village (1572m). As Num is linked with a motorable road, we can hire a vehicle to Khandbari (1022m) – the district headquarters of Sankhuwasabha district. A drive of around 4-5 hours on dirt road takes us to Khandbari. From Khandbari, buses are available to Dharan or Biratnagar. Or you can take a vehicle to Tumlingtar airstrip and fly directly to Kathmandu.

Day 19:

Final departure day Drop you in Kathmandu International Airport onward your final destination and our trip ends. Wish you your wonderful journey.

Package: Standard Package

Contact for pricing

Pricing depends on dates and group size. Contact us for a quote.

Inclusions

- 14 nights and 15 days of food and twin sharing accommodation during trek (local lodge or tent)
- Flight from Kathmandu to Taplejung or to Bhadrapur and then bus to Taplejung, and flight to Kathmandu after trek
- English speaking local expert guide, porters(porter carry maximum 20 k.g and one porter between two person)
- Trekkers' Information Management System (TIMS) fees
- Kanchenjunga and Makalu entry permit fees (bring three photos for each permit)
- Three nights' accommodation with 3 star Hotel in Kathmandu on the twin sharing room and breakfast
- Airport transfers and escort
- Farewell dinner in Kathmandu
- Trekking certificate

- Adventure Travels Duffle Bag.
- Equipment & clothing for porter & staffs
- Equipment (sleeping bag, first aid kit, oximeter etc.)
- Tent and mattress for sleeping in areas where there are no tea/guest houses
- Insurance for all staff & porters.

Exclusions

- Nepal visa – Multiple Entry 30 days – USD 40 (Details in Visa Page)
- International flight
- Insurance for clients (i.e. helicopter evacuation, etc.)
- Lunch & dinner during hotel stay in Kathmandu
- Electronic charging fees at guest houses during the trek
- Extra baggage charges
- Hot shower during trek
- Alcoholic drinks, candies, etc.
- Extra accommodation and meals outside of itinerary
- Personal gears & clothing (available on hire)
- Tips, any expenses incurred in emergency evacuation/road block due to any reason, table drinks, snacks while walking.

Gear checklist

Equipments List

EQUIPMENT LIST

Nepal Trekking Equipment List

This piece info is creating data on consumer goods and equipment needs, For those that would love an extra detailed discussion for equipment for Nepalese Himalayan Trek.

The following equipment list is required for Nepal Trekking and climbing and a list, you have to have suggested equipment just have with you, however, that you just might have your own personal first choice equipment which can be equally as appropriate

Footwear

- Walking boots with suitable ankle support that have been worn-in prior to the trek, and which are waterproof.
- Trainer or casual shoes, for trekking and/or for travelling.
- Warm socks for colder areas.
- Gaiters, in case of rain or snow

Legwear

- Loose, casual trousers for trekking.
- Thermal leggings for colder areas.
- Long skirt for women as an alternative to trousers.
- Waterproof trousers

Body

- Selection of T-shirts, and long sleeved shirts, preferably not cotton.
- Thermal shirt for colder areas.
- Warm shirt, possibly fleeces, for colder areas.
- Fleece jacket or warm wool jumper.
- Windproof, waterproof outer shell garment for higher altitudes.
- Down jacket (optional for cold nights & mornings; can be hired in Kathmandu cheaply)

Head/Hands

- Wool or fleece hat, or balaclava.
- Hat or cap for sun protection while trekking.
- Sunglasses or goggles.
- Warm gloves

Other items

- Strong rucksack or large hold all to be carried by porters.
- Daysack to be carried personally.
- Plastic bags or stuff sacks to store/separate trekking gear inside your main bag.
- One litre water bottle.
- Personal first aid kit to include essential items.
- Sleeping bag, 4 seasons.
- Torch, ideally head torch.
- Digital Camera and spare battery and battery charger! – For those not to be forgotten shots of the Himalaya.
- Toilet items and towel.
- Large handkerchief/bandana for neck

Optional items

- Binoculars
- Books (see Recommended Reading)
- Altimeter
- Compass
- Playing cards / backgammon / chess set

Recommended Mountaineering Kit

In addition to the items mentioned above for trekking, the following is a list of the additional specialist items which are required for the trekking peaks.

Plastic or leather mountaineering boots, with gaiters and crampons that have been tested for a good fit.

Peak Climbing

- fleece trousers
- Additional mitts and gloves suitable for climbing
- Ice axe, and ski poles (note – ice axe can be hired in Kathmandu)
- Climbing harness
- 2 x tape slings
- 2 x screw gate karabiners
- Descended/abseil device
- Ascender

Trip notes

Trip Highlights

Trip Details:

Total Duration: 19 Days.

Group Size: Min-2, Max 20.

Trekking Region: Kanchenjunga.

Trip Type Name: Lumba sumba pass trek 19 days trek.

Highest Altitude of the trek: 4594 m.

Highest Point: Lumba sumba pass trek 19 days trek (4594 m)

Grade: Difficult.

Transportation: Private Vehicle, Domestic Flight.

Accommodation: Semi Lodge/ or fully Camping.

Type of Tour: Trekking, Hiking, Walking, Culture

Trekking Hour: Approximately 6-7 hours each day.

Best Season: Autumn (Sep-Nov) and Spring (Mar-May).

Starting from: Kathmandu.

Ending at: Kathmandu.

Lumba sumba pass trek is Kanchenjunga national park is a pristine mountain park, named after its massive snow treasure Mount Kanchenjunga. Mount Kanchenjunga is the third highest mountain in the world scaling 8,586m. The park is still enjoying on its wilderness, untouched by the change of time. The trek will go through diverse land topography, forests, and villages. Local Culture there Limbu, Sherpa, and Tibetan Culture. And there two base Camp North and South Naturally beautiful.

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Departure

Departure

Review

Trip gallery

View photo on the trip page

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