Makalu Base Camp Trek

Duration: 22 Days | Location: Makalu Region, Nepal



Trip at a glance

Category: Trekking in Nepal

Location: Makalu Region, Nepal

Duration: 22 Days

Difficulty: 7/10

Trip Style: Makalu Base Camp Trek

Best Time: Autumn (Sep-Nov) and Spring (Mar-May)

Transportation: Private Vehicle, Domestic Flight

Accommodation: Semi Lodge/ or fully Camping

Max Altitude: 4750 m

Group: Min-1, Max 20

Summary

fifth highest mountain with the elevation of 8481m.Makalu Base camp Trek lies in the lap of Mt. Makalu.makalu-base-camp-trek.22 days trek. National park /

Overview

Trip Introduction

Makalu Base camp Trek lies in the lap of Mt. Makalu in the eastern region.This is the fifth highest mountain with the elevation of 8481m. This is also one of the best trekking destination among the solitary trekkers. It gives you an opportunity to explore the high altitude Terrance, snow clad landscape and ethnic Himalayan people lifestyle. We have to fly one hours to Tumlingtar and starts drive to chichila village with the settlement of Rai, Limbu, Black smith and many more. The view is super perfect from Makalu Base camp. The panoramic views of snow capped mountains can be observe. Milke danda trek and Kanchenjunga circuit trek is another trekking route in this region. In this 22 days long Makalu Base Camp Trek, the trekkers get a chance to discover the beautiful villages of Tibetan and Sherpa communities in the tranquil Himalayas. Also, the trekkers will trek along Arun Valley and Barun Valley which are two of the remotest parts of the country. Hence, they will get to learn about the struggle of living in these sorts of areas. Ghorepani Poon Hill Trek

Makalu Base Camp Trek also gives trekkers an opportunity to view Mt. Everest (8848 m) from a unique perspective. After a tough climb to Makalu Base Camp (4870 m), the trekkers will relish the alluring view of Mt. Everest (8848 m), Mt. Makalu (8481m), Mt. Kanchenjunga (8586 m), Lhotse (8516m), Baruntse (7129m), Chamlang (7319m), and other Himalayas in the eastern side of Makalu Base Camp Trek also features Makalu Barun National Park, which is home to varieties of floras and faunas. Makalu Base Camp Trek is the best trek for the trekkers who seek thrills and have guts to explore new places. Everest Base Camp trek

Day by day itinerary

Trip Itinerary

Day 01: Arrival in Kathmandu (1,300m/4,264ft).

Day 02: Kathmandu Sightseeing.

Day 03: Fly from Kathmandu to Tumlingtar then drive to Chichira (1,980m/6497ft): 50 mins flight, 3-4 hours drive.

Day 04: Chichira to Num (1,560m/5119ft): 6-7 hours.

Day 05: Num to Seduwa (1,500m/4922 ft): 6-7 hours.

Day 06: Seduwa to Tashigaon (2,100m/6890ft): 4-5 hours.

Day 07: Tashigaon to Khongma Danda (3,500m/11,483 ft): 6-7 hours.

Day 08: Acclimatization/Rest.

Day 09: Khongma Danda to Debate: 6-7 hours.

Day 10: Debate to Yangri Kharka (3,557m/11,670 ft): 6-7 hours.

Day 11: Yangri Kharka to Langmale Kharka: (4,410m/14,468ft): 5-6 hours.

Day 12: Langmale Kharka to Makalu Base Camp: (4,870m/15,978ft): 6-7 hours.

Day 13: Explore Makalu Base Camp.

Day 14: Makalu Base Camp to Yangri Kharka: 6-7 hours.

Day 15: Yangri Kharka to Debate: 6-7 hours.

Day 16: Debate to Khongma Danda: 5-6 hours.

Day 17: Khongma Danda to Tashigaon: 4-5 hours.

Day 18: Tashigaon to Seduwa: 4-5 hours.

Day 19: Seduwa to Num: 5-6 hours.

Day 20: Num to Tumlingtar: 6-7 hours.

Day 21: Tumlingtar to Kathmandu: 50 mins flight.

Day 22: Final departure.

Package: Standard Package

Contact for pricing

Pricing depends on dates and group size. Contact us for a quote.

Inclusions

Pick up and drop Airport-Hotel-Airport in Kathmandu by private vehicle.

2 Night Kathmandu Hotel

Flight Kathmandu-Tumlintar

3 meals a day (Breakfasts, Lunch and Dinners with tea or coffee) during the trek.

Accommodation of Lodges, Guesthouses in Twin Sharing Bases during the trek.

Trekking Permit ACP (Makalu special Permit).

TIMS card(Trekker's Information Management System).

Necessary staff during the trekking period With Experience Guide and Porter.

20 Kg Luggage free Per Person during the trekking (with porter or yaks).

Facility of Food, accommodation, salary, insurance, equipment for all trekking staffs.

Group medical supplies (First Aid kit

Exclusions

Lunch and dinner in Kathmandu.

Alcoholic beverages, personal nature expenses, Mineral water, laundry, phone calls, internets.

Emergency rescue evacuation if required such as personal accident insurance or Helicopter rescue.

Extra luggage and personal trekking gears.

Extra porter cost US$15 per person per days per 20 Kg.

International flight tickets, date change or re-issue If required.

Nepal visa fee, Visa issuance is easy upon arrival.

Tips, gifts, souvenirs.

Gear checklist

Equipments List

EQUIPMENT LIST

Nepal Trekking Equipment List

This piece info is creating data on consumer goods and equipment needs, For those that would love an extra detailed discussion for equipment for Nepalese Himalayan Trek.

The following equipment list is required for Nepal Trekking and climbing and a list, you have to have suggested equipment just have with you, however, that you just might have your own personal first choice equipment which can be equally as appropriate

Footwear

- Walking boots with suitable ankle support that have been worn-in prior to the trek, and which are waterproof.
- Trainer or casual shoes, for trekking and/or for travelling.
- Warm socks for colder areas.
- Gaiters, in case of rain or snow

Legwear

- Loose, casual trousers for trekking.
- Thermal leggings for colder areas.
- Long skirt for women as an alternative to trousers.
- Waterproof trousers

Body

- Selection of T-shirts, and long sleeved shirts, preferably not cotton.
- Thermal shirt for colder areas.
- Warm shirt, possibly fleeces, for colder areas.
- Fleece jacket or warm wool jumper.
- Windproof, waterproof outer shell garment for higher altitudes.
- Down jacket (optional for cold nights & mornings; can be hired in Kathmandu cheaply)

Head/Hands

- Wool or fleece hat, or balaclava.
- Hat or cap for sun protection while trekking.
- Sunglasses or goggles.
- Warm gloves

Other items

- Strong rucksack or large hold all to be carried by porters.
- Daysack to be carried personally.
- Plastic bags or stuff sacks to store/separate trekking gear inside your main bag.
- One litre water bottle.
- Personal first aid kit to include essential items.
- Sleeping bag, 4 seasons.
- Torch, ideally head torch.
- Digital Camera and spare battery and battery charger! – For those not to be forgotten shots of the Himalaya.
- Toilet items and towel.

- Large handkerchief/bandana for neck

Optional items

- Binoculars
- Books (see Recommended Reading)
- Altimeter
- Compass
- Playing cards / backgammon / chess set

Recommended Mountaineering Kit

In addition to the items mentioned above for trekking, the following is a list of the additional specialist items which are required for the trekking peaks.

Plastic or leather mountaineering boots, with gaiters and crampons that have been tested for a good fit.

Peak Climbing

- fleece trousers
- Additional mitts and gloves suitable for climbing
- Ice axe, and ski poles (note – ice axe can be hired in Kathmandu)
- Climbing harness
- 2 x tape slings
- 2 x screw gate karabiners
- Descended/abseil device
- Ascender

Trip notes

Trip Highlights

Trip Details:

Total Duration: 22 Days.

Group Size: Min-1, Max 20.

Trekking Region: Makalu.

Trip Type Name: Makalu Base Camp Trek.

Highest Altitude of the trek: 4750 m.

Highest Point: Makalu Base Camp Trek (4750 m)

Grade: Difficult.

Transportation: Private Vehicle, Domestic Flight.

Accommodation: Semi Lodge/ or fully Camping.

Type of Tour: Trekking, Hiking, Walking, Culture

Trekking Hour: Approximately 6-7 hours each day.

Best Season: Autumn (Sep-Nov) and Spring (Mar-May).

Starting from: Kathmandu.

Ending at: Kathmandu.

Departure

Departure

Review

Trip gallery

View photo on the trip page

View photo on the trip page

View photo on the trip page

Plan your journey with our team

Thamel, Kathmandu, Nepal | +977-9745232234
megamounttreks@gmail.com | megamounttreks.com

View this trip or request a booking