Mardi Himal Trekking

Duration: 12 Days | Location: Nepal, Annapurna Region



Trip at a glance

Category: Annapurna region

Location: Nepal, Annapurna Region

Duration: 12 Days

Difficulty: 5/10

Start From: Kathmandu / Pokhara

Ending Point: Kathmandu / Pokhara

Trip Style: Trekking & Hiking

Best Time: March – May / October – December

Transportation: Tourist Bus / Private Jeep

Accommodation: Hotel – Tea House

Max Altitude: 4,500 meters (Mardi Himal Base Camp / Viewpoint)

Meal: B – L – D

Group: 2 – 15+

Overview

Mardi Himal trek is new most popular trekking destination in Annapurna region, opened in 2012. It is indeed an exciting route for travelers to explore in the Himalayas. It offers an amazing viewpoint of Dhaulagiri, Machhapuchhre (Fishtail), Manaslu and Annapurna range. The trails lead us through the typical Gurung and Magar traditional villages, spectacular views, lush forests and breathtaking scenery. The landscape changes quite abruptly into a rugged high mountain landscape, with amazing views of Mardi Himal, Machapuchre, Annapurna South. Australian Camp Panroma trek, Ghorepani Poon Hill Trek

A great short and sweetest trekking start after a few hours drive from Kathmandu to Pokhara a natural beauty city which is well known as a queen city of Nepal. Next day taking a very short drive to our trekking starting point Phedi, trek goes through the Village of Dhampus, Deurali, and some other little villages along the way with a magnificent mountain view of Mardi Himal, Dhaulagiri, Machapuchare, Annapurna South and Hiunchuli. As we hike further up than we would see an even closer view of Himalayas and snowcapped with dramatic landscape, a great trail will be leading us continually upwards in our destination of the trek, we would walk every day 4/6 hours on average, a journey goes passing through the breathtaking places like Koker 2550m. Lo Camp 3050m and High camp 3900m with Rhododendron forest. Annapurna Base Camp Trek

A wonderful trekking destination provides massive Mountains View of including Annapurna, Machhapuchre, Hiunchuli and Mardi Himal. An adventure with Alpine Ramble Treks will be surely an amazing experience. Which is accompanied by our best adventure enthusiast team. We would be customizing your trip itinerary according to your time and budget. Please contact us for the details information regarding the suitable trip. Annapurna base camp 7 days trek, Annapurna Circuit Trek

Day by day itinerary

Day 01: Arrival to Kathmandu [1,330 m]:

A representative Mega Mount Trekking Nepal will be waiting outside the airport according to your flight schedule to transfer you to the hotel. A short briefing will be done about the trip once you have checked in. If you have any queries always feel free to ask us. Overnight stay at Hotel (Car).

Day 02: Drive To Pokhara [930 m] about 7 hours:

After breakfast at the Hotel we begin our drive towards Nepal's lake city, Pokhara. The drive will take about 6-7 hours where we follow meandering road over the valley. We then drive along the Trishuli River followed by another river, MArshyangdi River after we cross the half way. Crossing many local settlements we reach Pokhara normally in the afternoon. The rest of the day is at leisure after you have checked in. Overnight stay at Hotel Peninsula or Similar.

Day 03: Drive to Phedi and trek to Deurali (2190m/6,722ft) – Trek to Pothana [1,750 m] :

This is the first day of our Mardi Himal Base Camp Trek. We will begin our day with a drive to Hyangja, from where we set on a trail towards Dhampus where we will be spending our first night in the mountain. Trekking on a gentle path we climb the ridge above the Yangri Khola valley and trek through fields and houses of local people which offers great trekking experiences. The glimpse of Annapurna Himalayan Range is just breathtaking from Dhampus. 30 Minute drive then 04-05 hrs Trek. (Tea House).

Day 04: Pothana Trek To Forest Camp [2,550 m] :

Early in the morning the rising sun brings an extraordinary views of Snowcapped mountains. We can witness sunrise over Annapurna I, Machhapuchre (Fish Tail), Annapurna South, Hiunchuli, and many more peaks. We then leave towards Forest Camp on comparatively less trekked trek leaving the crowd behind. The trail is one of the lately discovered trekking trail in the Nepal's Himalayas which is still able to escape the crowd of trekkers. We trek through captivated forest od Rhododendron, maple, mountain oak and daphnia. We will have overnight stay in forest camp. 04-05 hrs Trek. (Tea House).

Day 05: Forest Camp To Low Camp [3,400 m] :

After your breakfast we will continue our trek towards the Low Camp. The flora will change the more we climb higher and the rhododendron forests will now be less as mosses and lichen will take over the nature on today's trail. The view of Annapurna South and Hiunchuli is just imposing. We will reach Low Camp in the afternoon where we will be spending the night. Though still surrounded by forest, we have spectacular northerly views of the ever-closer 'Fishtail'. 04-05 hrs Trek. Tea House.

Day 06: Low Camp To High Camp [4,100 m]:

The first part of the day is a short, steep climb which takes us out of the forest followed by a grassy (sometimes snowy) trail that leads us to High Camp where we will reach for our lunch.This is also acclimatizing day as we will be at altitude of 4,100 m above sea level. Great views of the Himalayas are always with us throughout the day. 04-05 hrs Trek. Tea House.

Day 07: Excursion to Mardi Himal Base Camp [4,500 m] :

Today is the highlight of the trek. We will wake early to catch the sunrise over the Himalayas which turn snow into gold with the first rays of the sun. After breakfast we will hike up to Mardi Himal Base Camp. The trail is mostly covered with grass where some of the parts are steep. We will pass numbers of herder's herd on our way to Base Camp as during summer sheep and goats are brought up to graze from lower villages. After 2- 3 hours we will be at base Camp from where we will have panoramic view of Annapurna Himalaya range including the south face of mighty Annapurna. Return back to high Camp after spending sometime at the Mardi Base Camp. 07-08 hrs Trek. Tea House. (If weather conditions require it, we shall descend through High Camp to trek on down to a re-established Low Camp to spend the night there.)

Day 08: High Camp to Siding Village [1750 m] :

Today we will retrace our footsteps and head towards Siding descending 2,750m in altitude. We take a different route to return back. The trail today is mostly downhill leaving the grassy highland behind and entering into the dense forests once again. We make our way along the banks of the Mardi Khola from the hill-side village of Siding, down through the lovely fields, past the simple farms and over the interesting bridges. (06-07 hrs Trek. Tea House).

Day 09: Siding Village To Luwang village [1500 m] :

After your breakfast with magnificient view of Machhapuchre/ Fishtail (6,993m) we head in the direction of Luwang village where we will be staying at a Home Stay with a local family experiencing their lifestyle. The trail today is a wide motor able road at the beginning followed by a trek inside the dense forests and terraced fields. In the evening we hike up to Luwang Tea Garden and return back to Luwang village for overnight stay. Overnight stay at home stay. (05-06 hrs Trek. Tea House).

Day 10: Luwang village Trek to Kande and drive to Pokhara [930 m] :

After breakfast at Luwang we start our trekking to Hyangja passing through Khormukh. We descend down to Khormukh from where the trail is much wider till Hyangja from where we drive to Pokhara. (Trek 03-04 Hrs and drive 30).

Day 11: Pokhara to Kathmandu by Tourist Bus [1,330 m] :

After breakfast in Pokhara, we have a mountain flight to Kathmandu; it is a thrilling exciting flight over forests, fields and villages with the Himalayas at the background. On arrival, we transfer to the hotel. The remainder of the day is at leisure. Overnight stay at Hotel.

Day 12: Fly back home [1,330 m] :

A representative from Mega Mount trekking Nepal will drop you to the airport according to your flight time. Return back home with memories that last lifetime. “NAMASTE!” Day 04: Trek to Lo-Camp (3035meter). about 5/6 hours walk, overnight at lodge.

Package: Essential Package

$750 per person

Inclusions

- All trekking permits (ACAP & TIMS Card)
- Transportation (tourist bus & private trailhead jeeps as per itinerary)
- Professional English-speaking trekking guide
- 3 meals a day (Breakfast, Lunch, Dinner) throughout the trek
- Mountain tea house accommodation

Exclusions

- Kathmandu and Pokhara hotel accommodation
- International flight & Nepal visa fees
- Food and drinks outside of included trek meals
- Boiled drinking water, hot showers, and Wi-Fi
- Personal trekking gear
- Travel insurance
- Guide and porter tips

Gear checklist

What You Need To Bring

Clothing

- Base Layers
- Thermal Tops (2–3): Lightweight, moisture-wicking
- Thermal Bottoms (1–2): Lightweight, comfortable
- Mid Layers
- Fleece Jacket: Medium weight for warmth
- Insulated Jacket: Lightweight down or synthetic for chilly evenings on the ridge
- Outer Layers
- Waterproof Jacket: Windproof, breathable (Gore-Tex or similar)
- Waterproof Pants: Lightweight, packable
- Trekking Clothes
- Trekking Pants (2 pairs)
- Trekking Shirts (3–4): Moisture-wicking
- Softshell Jacket: For cool mornings and windy ridges
- Headwear
- Sun Hat: Wide-brim or cap
- Warm Hat: Fleece or wool beanie
- Buff or Neck Gaiter
- Gloves
- Liner Gloves: For mild conditions

- Insulated Windproof Gloves: For the early morning ridge climb to Base Camp
- Footwear
- Trekking Boots: Sturdy, waterproof, well broken-in
- Camp Shoes/Sandals: For relaxing in tea houses
- Wool Socks (4–5 pairs)
- Liner Socks (optional)

Gear & Accessories

- Daypack (30–40L)
- Duffel Bag (for porter-carried gear)
- Sleeping Bag: -10°C comfort rating (rentable locally in Kathmandu or Pokhara)
- Sleeping Bag Liner
- Trekking Poles (strongly recommended for ridge and descent balance)
- Headlamp with extra batteries
- Water Bottles (1–2L) or hydration bladder
- Water Purification: Tablets, filter, or SteriPEN
- Sunglasses: UV protection (category 3–4)
- Sunscreen (high SPF) & SPF lip balm
- Quick-Dry Towel
- Camera/Phone with spare batteries or power bank
- Personal Items & Toiletries (biodegradable soap, toothbrush, wet wipes, hand sanitizer)
- Snacks: Energy bars, nuts, electrolyte powder

Trip gallery



Mardi Himal Trekking - photo 1



Mardi Himal Trekking - photo 2

Plan your journey with our team

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