Mera Peak Climbing

Duration: 19 Days 18 Night | Location: Nepal



Trip at a glance

Category: Trekking in Nepal

Location: Nepal

Duration: 19 Days 18 Night

Difficulty: 6/10

Trip Style: Trekking & Hiking

Accommodation: Semi Lodge/ or fully Camping

Max Altitude: Mera Peak Climbing (6476 m)

Summary

Mera Peak Climbing take us to the top of Mera Peak (6461m). the trek via Chhutanga-crossing, Everest, Lhotse,Cho Oyu,Makalu Kanchenjunga.via Zatra La Pass,

Overview

Trip Introduction

Mera Peak Climbing take us to the top of Mera Peak (6461m). This is the highest peak in Nepal that lies in between Makalu and Everest region. This can be a first step to practice to submit the Everest. We fly from Kathmandu to Lukla airport to start the Mera peak climbing and continue the trek via Chhutanga-crossing. We organize Peak climbing in Spring and Autumn season to ascend as the weather will be clear to climb and the views will be clear to see the mountains.Five 8,000m peaks are visible from the summit including Everest, Lhotse, Cho Oyu, Makalu and Kanchenjunga. If you wish to do another peak climbing the you can click the link Larkya Peak Climbing, Island Peak Climbing.

Mera Peak climbing is an excellent option for anyone with moderate mountaineering experience. It is a challenging trekking peak due to its elevation. Besides, Himalayan Glacier's seasoned Sherpa guide will provide us with a basic mountaineering training before the actual summit. The usual route to Mera Peak is directly via the Zatra La Pass, but we follow the route that heads south from Lukla and up the beautiful Hinku Valley and later return via Zatra La pass. Following this route has a few advantages. We not only pass through the beautiful Nepalese wilderness but also through quaint villages which will give us a glimpse into the rich culture of the locals. Additionally, since the route is longer, it's better for acclimatization. We have organized 19 days itinerary to keep our valuable clients health fit and well to summit on the top of Mera Peak in a good health.

Day by day itinerary

Trip Itinerary

Day 01: pick up from the Int'L Airport, transfer.

Day 02: Sightseeing in Kathmandu, shopping and packing.

Day 03: Early morning flight to Lukla (2800m) Overnight in Lodge.

Day 04: Lukla to Chutenga (3350 m) Camp.

Day 05: Chutenga to over Zatrela pass overnight at Chateau (4340m).

Day 06: Chatrabu to Kothe (3700 m) Camp.

Day 07: Kothe to Thagnak (4356 m) Camp.

Day 08: Thank Rest for Acclimatization Camp.

Day 09: Thank Khare (4900 m) Camp.

Day 10: Khare to Mera La (5200m) For Glacier training & back to Khare.

Day 11: Khare to Mera High Camp (5800 m) Camp.

Day 12: High Camp to Mera Summit (6476 m) & return back to Khare.

Day 13: A spare Day in case of Bad weather.

Day 14: Khare to Kothe Camp (3700 m) Camp.

Day 15: Kothe to Chatrabu Camp (4340 m) Camp.

Day 16: Chatrabu to Lukla overnight in Lodge (280 0m) Lodge.

Day 17: Flight from Lukla to Kathmandu and transfer to Hotel.

Day 18: Free day in Kathmandu.

Day 19: Transfer to International Airport and fly home.

Package: Standard Package

Contact for pricing

Pricing depends on dates and group size. Contact us for a quote.

Inclusions

- All land transfer, arrival, and departure as per the itinerary.
- Hotel accommodation with bed and breakfast on Twin sharing basis as per the itinerary.
- Food during the trek 3 meals a day (breakfast, lunch, and dinner) in specified local lodges.
- Tea and coffee (cup) three times daily on the trek.

- English speaking experienced & professional trekking guide license holder.
- Porters (1 porter carries the luggage up to 25 kgs of 2 participants during the trek).
- City tours as mentioned in the itinerary with English speaking guide and all land transportation with private car/jeep/van.
- All necessary trekking and climbing related permit including TIMS, National Park Entrance fee, and ACAP Fee.
- Insurance, proper warm clothing, shoes, sunglass and daily wages for guide and porter.

Exclusions

- Lunch and dinner while in Kathmandu or in Pokhara stay.
- Personal gears and expenses of personal nature and Personal medical and travel insurance emergency evacuation.
- Hard and any form of soft drinks, tea/coffee(pot size).
- All confectionary and snacks, Charges for desserts including shower and boiled drinking water, Phone calls, Laundry and Alcoholic beverages etc.
- Any airfare: Domestic International departure taxes and any excess baggage charges.
- Tips and Gratitude for Guides and Porters according to the custom of trekking in Nepal.

Gear checklist

Equipments List

EQUIPMENT LIST

Nepal Trekking Equipment List

This piece info is creating data on consumer goods and equipment needs, For those that would love an extra detailed discussion for equipment for Nepalese Himalayan Trek.

The following equipment list is required for Nepal Trekking and climbing and a list, you have to have suggested equipment just have with you, however, that you just might have your own personal first choice equipment which can be equally as appropriate

Footwear

- Walking boots with suitable ankle support that have been worn-in prior to the trek, and which are waterproof.
- Trainer or casual shoes, for trekking and/or for travelling.
- Warm socks for colder areas.
- Gaiters, in case of rain or snow

Legwear

- Loose, casual trousers for trekking.
- Thermal leggings for colder areas.
- Long skirt for women as an alternative to trousers.
- Waterproof trousers

Body

- Selection of T-shirts, and long sleeved shirts, preferably not cotton.
- Thermal shirt for colder areas.
- Warm shirt, possibly fleeces, for colder areas.
- Fleece jacket or warm wool jumper.
- Windproof, waterproof outer shell garment for higher altitudes.
- Down jacket (optional for cold nights & mornings; can be hired in Kathmandu cheaply)

Head/Hands

- Wool or fleece hat, or balaclava.
- Hat or cap for sun protection while trekking.
- Sunglasses or goggles.
- Warm gloves

Other items

- Strong rucksack or large hold all to be carried by porters.
- Daysack to be carried personally.
- Plastic bags or stuff sacks to store/separate trekking gear inside your main bag.
- One litre water bottle.
- Personal first aid kit to include essential items.
- Sleeping bag, 4 seasons.
- Torch, ideally head torch.
- Digital Camera and spare battery and battery charger! – For those not to be forgotten shots of the Himalaya.
- Toilet items and towel.
- Large handkerchief/bandana for neck

Optional items

- Binoculars
- Books (see Recommended Reading)
- Altimeter
- Compass
- Playing cards / backgammon / chess set

Recommended Mountaineering Kit

In addition to the items mentioned above for trekking, the following is a list of the additional specialist items which are required for the trekking peaks.

Plastic or leather mountaineering boots, with gaiters and crampons that have been tested for a good fit.

Peak Climbing

- fleece trousers
- Additional mitts and gloves suitable for climbing
- Ice axe, and ski poles (note – ice axe can be hired in Kathmandu)
- Climbing harness
- 2 x tape slings
- 2 x screw gate karabiners
- Descended/abseil device
- Ascender

Trip notes

Trip Highlights

Trip Duration: 19 days.

Trekking Duration: 19 days.

Grade: Challenging.

Accommodation: Semi Lodge/ or fully Camping.

Activities: Trekking – Mera Peak Climbing.

Highest Point: Mera Peak Climbing (6476 m).

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Departure

Departure

Review

Trip gallery

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Plan your journey with our team

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