Milke Danda Trek

Duration: 14 Days | Location: Makalu & Kanchenjunga Region, Nepal



Trip at a glance

Category: Trekking in Nepal

Location: Makalu & Kanchenjunga Region, Nepal

Duration: 14 Days

Difficulty: 4/10

Trip Style: Milke Danda Trek

Best Time: Autumn (Sep-Nov) and Spring (Mar-May)

Transportation: Private Vehicle, Domestic Flight

Accommodation: Semi Lodge/ or fully Camping

Max Altitude: 3690 m

Group: Min-1, Max 20

Summary

Milke-danda-trek,Milke Danda Trek is elongated and elevated forest trek in Tamur Valley and Arun in the Eastern part This trek is completely geographically.

Overview

Trip Introduction

Milke-danda-trek takes you to the lap of Mt.Kanchenjunga and Makalu. This is a famous trekking trail since the beginning. When you do this trek it goes through Tamur and Arun Valley. The duration of this trek is 12 days. When we start trekking we walk through the lush valley. Subtropical and touch a bit of coniferous forest. Basically, this trek is for the students and family who are interested to experience the beautiful green valley and remote settlements of Nepal.

In this trekking region, there are other trails like Kanchenjunga circuit trek, Kanchenjunga North Base camp trek. Kanchenjunga South Base Camp Trek. Makalu Base Camp Trek

Milke Danda trek package illustrates the immense outlook of numerous peaks. Makalu (8,463m) and Kanchenjunga (8,586m), you will get a chance to view the pleasant landscapes during your tour to Nepal. Despite, the fact as an isolated area, it has an attribute to attract visitors by its beautiful landscape and various colors rhododendron tree. Exploring the lifestyles of local people and the village where they live is an integral part of these tours Nepal.

Once you do this trek there are many mountains that you can explore or capture through your camera are Everest Himal range, Kanchenjunga Himal range, Makalu Himal range etc.

View photo on the trip page

Day by day itinerary

Trip Itinerary

Day 01: Arrival TIA Kathmandu Airport 1,310m, welcome by Himalayan Nepal Trek staff transfer to Hotel briefing stay at hotel BB Plan.

Day 02: Sightseeing in Kathmandu valley Patan, Pashupatinath, Boudhanath, Swayambhunath stay at the hotel.

Day 03: Flight Biratnagar 45 minute and Drive to Basantapur (2,200m) via Dharan.

Day 04: Trek to Chauki (2,700m) 5/6 hrs stay at Lodge. Day 05: Trek to Ghupha Pokharai [2,930 m]. "B,L,D". Trek (05-06 Hrs).(Lodge).

Day 06: Trek to Milke Danda. "B,L,D". Trek (06-07 Hrs).(Tent).

Day 07: Exploration. "B,L,D". (Tent).

Day 08: Trek to Bhalukhop. "B,L,D". Trek (05-06 Hrs).(Tent).

Day 09: Trek to Jaljala. "B,L,D". Trek (05-06 Hrs).(Tent).

Day 10: Trek to Chainpur. "B,L,D". Trek (05-06 Hrs).(Lodge).

Day 11: Trek to Phapung. "B,L,D". Trek (05-06 Hrs).(Lodge).

Day 12: Trek to Tumlingtar. "B,L,D". Trek (03-04 Hrs).(Lodge).

Day 13: Fly Back to Kathmandu. [1,338m]. "B".

Day 14: Trip ends! Fly back home, taking with you the memory of a life time. "B".(Car). All

Package: Standard Package

Contact for pricing

Pricing depends on dates and group size. Contact us for a quote.

Inclusions

- Airport picks up and drops.
- Sightseeing around the Kathmandu valley (World heritages sites) with a cultural guide.
- All Transportation.
- 3 meals per day during the trek (Breakfast Lunch Dinner) including Tea or coffee.
- Accommodation on Tea House (Lodge) or provided Tents during the trek as mentioned in the tree

type.

- Accommodation in star Hotel in Kathmandu.
- Flight fare Tumlingtar to Kathmandu(Guest+Guide) including all airport taxes.
- High Experienced Government Licensed Guide and Necessary porter during the trek.
- All Government local Taxes.
- National park Fees.
- (TIMS: Trekkers Information Management System).
- First Aid kit and general equipment for Porter.
- Guide and porter salary Staff insurance During the trekking and extra services according to the guest per Demand.
- Tour Certificate.
- Farewell dinner.

Exclusions

- Lunch and Dinner in Kathmandu.
- Trekking equipment any type of personal expenses such as Alcoholic Beverage drinks, phone, and Laundry.
- Emergency Rescue and Travel Insurance.Trip Cancellation cost accident or Health, Loss Theft or Damage and personal effects. we Advice you to take out Personal Travel Insurance.
- Tips.

Gear checklist

Equipments List

EQUIPMENT LIST

Nepal Trekking Equipment List

This piece info is creating data on consumer goods and equipment needs, For those that would love an extra detailed discussion for equipment for Nepalese Himalayan Trek.

The following equipment list is required for Nepal Trekking and climbing and a list, you have to have suggested equipment just have with you, however, that you just might have your own personal first choice equipment which can be equally as appropriate

Footwear

- Walking boots with suitable ankle support that have been worn-in prior to the trek, and which are waterproof.
- Trainer or casual shoes, for trekking and/or for travelling.
- Warm socks for colder areas.
- Gaiters, in case of rain or snow

Legwear

- Loose, casual trousers for trekking.
- Thermal leggings for colder areas.
- Long skirt for women as an alternative to trousers.
- Waterproof trousers

Body

- Selection of T-shirts, and long sleeved shirts, preferably not cotton.
- Thermal shirt for colder areas.
- Warm shirt, possibly fleeces, for colder areas.
- Fleece jacket or warm wool jumper.
- Windproof, waterproof outer shell garment for higher altitudes.
- Down jacket (optional for cold nights & mornings; can be hired in Kathmandu cheaply)

Head/Hands

- Wool or fleece hat, or balaclava.
- Hat or cap for sun protection while trekking.
- Sunglasses or goggles.
- Warm gloves

Other items

- Strong rucksack or large hold all to be carried by porters.
- Daysack to be carried personally.
- Plastic bags or stuff sacks to store/separate trekking gear inside your main bag.
- One litre water bottle.
- Personal first aid kit to include essential items.
- Sleeping bag, 4 seasons.
- Torch, ideally head torch.
- Digital Camera and spare battery and battery charger! – For those not to be forgotten shots of the Himalaya.
- Toilet items and towel.
- Large handkerchief/bandana for neck

Optional items

- Binoculars
- Books (see Recommended Reading)
- Altimeter
- Compass
- Playing cards / backgammon / chess set

Recommended Mountaineering Kit

In addition to the items mentioned above for trekking, the following is a list of the additional specialist items which are required for the trekking peaks.

Plastic or leather mountaineering boots, with gaiters and crampons that have been tested for a good fit.

Peak Climbing

- fleece trousers
- Additional mitts and gloves suitable for climbing
- Ice axe, and ski poles (note – ice axe can be hired in Kathmandu)
- Climbing harness
- 2 x tape slings
- 2 x screw gate karabiners
- Descended/abseil device
- Ascender

Trip notes

Trip Highlights

Trip Details:

Total Duration: 14 Days.

Group Size: Min-1, Max 20.

Trekking Region: Makalu & Kanchenjunga.

Trip Type Name: Milke Danda Trek.

Highest Altitude of the trek: 3690 m.

Highest Point: Milke Danda Trek(3690 m)

Grade: Medium.

Transportation: Private Vehicle, Domestic Flight.

Accommodation: Semi Lodge/ or fully Camping.

Type of Tour: Trekking, Hiking, Walking, Culture

Trekking Hour: Approximately 6-7 hours each day.

Best Season: Autumn (Sep-Nov) and Spring (Mar-May).

Starting from: Kathmandu.

Ending at: Kathmandu.

Departure

Departure

Review

Trip gallery

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Plan your journey with our team

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