# Mount Everest Expedition

Duration: 65 Days | Location: Everest Region, Nepal



## Trip at a glance

Category: Trekking in Nepal

Location: Everest Region, Nepal

Duration: 65 Days

Difficulty: 6/10

Trip Style: Mount Everest Expedition

Best Time: Autumn (Sep-Nov) and Spring (Mar-May)

Transportation: Private Vehicle, Domestic Flight

Accommodation: Semi Lodge/ or fully Camping

Max Altitude: 8848 m

Group: Min-1, Max 20

## Summary

Mount Everest Expedition/Mount Everest, the greatest challenge, is more than the most famous mountain on earth.It has a unique beauty, mystery, and mood NP

## Overview

### Trip Introduction

Mount Everest Expedition has unique beauty, mystery, and mood. A successful Everest expedition leaves one with the sense of being in the elite class of adventurers. It commands respect from all those who see her. Standing incredibly tall silhouetted against the shared sky of Nepal and Tibet. This mountain is Chomolungma and Sagarmatha. Whichever name one chooses, most mountaineers have the dream of reaching its summit in their lifetime. Makalu

Each climber will be accompanied by a climbing Sherpa throughout the climb, with a second Sherpa to carry a gear between the camps. From the South Col, the route ascends slopes of snow and ice to the Balcony (8500 m) on the crest of the Southeast Ridge. The climb continues up the wide ridge past rocky sections to the South Summit.

From here the route descends slightly and continues up the exposed ridge to the Hillary Step. After surmounting this 40-foot obstacle, a mixed chimney, the summit is close. Most climbers leave Camp Four sometime between 9 pm and planning to the summit by 10 am if possible. On summit day the Sherpa will carry extra oxygen for each climber. Everest

We will provide enough oxygen for the ascent. It would be budgeted as follows: One bottle for the climb from Camp Three to Camp Four, one bottle for sleeping at Camp Four and three bottles for summit day. The Khumbu Ice fall is the most technically demanding portion of the climb. Must be able to negotiate fixed lines quickly and without supervision. Skills required include the ability to and to overhanging fixed lines. A special team of Sherpa's will establish and maintain the route through the ice fall. This team will spam with ladder bridges. Above the ice fall , most of the route is equipped with fixed lines. Amadablam

## Day by day itinerary

## Trip Itinerary

**Day 01: Arrival Kathmandu & transfer to Hotel.**

**Day 02: Sightseeing Kathmandu Valley.**

**Day 03: Final preparation for the trek.**

**Day 04: Flight to Lukla & trek to Phakding.**

**Day 05: Phakding to Namche.**

**Day 06: Namche rest for acclimatization.**

**Day 07: Trek Namche to Tengboche.**

**Day 08: Trek Tengboche to Dingboche.**

**Day 09: Dingboche rest day.**

**Day 10: Trek to Lobuche.**

**Day 11: Trek to Goreksherp.**

**Day 12: Trek Kalapathar to Everest Base Camp.**

**Day 13 – 58: Climbing period.**

**Day 59: Trek to Pheriche.**

**Day 60: Trek to Tengboche.**

**Day 61: Trek to Menjo.**

**Day 62: Trek to Lukla.**

**Day 63: Fly to Kathmandu.**

**Day 64: Kathmandu.**

**Day 65: Final Departure.**

## Package: Standard Package

### Contact for pricing

Pricing depends on dates and group size. Contact us for a quote.

### Inclusions

- All land transfer, arrival, and departure as per the itinerary.
- Hotel accommodation with bed and breakfast on Twin sharing basis as per the itinerary.Food during the trek 3 meals a day (breakfast, lunch, and dinner) in specified local lodges or prepared by our cook.
- English speaking experienced & professional trekking guide licenses holde.
- Porters (1 porter carries the luggage up to 25 kgs of 2 participants during the trek).
- City tours as mentioned in the itinerary with English speaking guide and all land transportation with private car/jeep/van.
- All necessary trekking and climbing related permit including TIMS, National Park Entrance fee, and ACAP Fee.
- Insurance, proper warm clothing shoes, sunglass and daily wages for guide and porter.
- Camping Trek daily wages, Guide, Sherpa helpers, Cook, Kitchen Boys, Porters, with food allowance while trekking.
- Accommodation in 2 men Tents during Trek supported with a dining tent, Kitchen tent, Toilet tent, Shower tent, Table, chairs and Mattress.
- Necessary kitchen utensils.

### Exclusions

- Lunch and dinner while in Kathmandu or in Pokhara stay.
- Personal gears and expenses of personal nature and Personal medical and travel insurance emergency evacuation.
- Hard and any form of soft drinks.

- All confectionary and snacks, Charges for desserts including shower and boiled drinking water, Phone calls, Laundry and Alcoholic beverages etc.
- Any airfare: Domestic International departure taxes and any excess baggage charges.
- Tips and Gratitude for Guides and Porters according to the custom of trekking in Nepal.

## Gear checklist

### Equipments List

## Trip notes

### Trip Highlights

Trip Details:

Total Duration: 65 Days.

Group Size: Min-1, Max 20.

Trekking Region: Everest Region.

Trip Type Name: Mount Everest Expedition.

Highest Altitude of the trek: 8848 m.

Highest Point: Mount Everest Expedition (8848 m)

Grade: Challenging.

Transportation: Private Vehicle, Domestic Flight.

Accommodation: Semi Lodge/ or fully Camping.

Type of Tour: Trekking, Hiking, Walking, Culture

Trekking Hour: Approximately 6-7 hours each day.

Best Season: Autumn (Sep-Nov) and Spring (Mar-May).

Starting from: Kathmandu.

Ending at: Kathmandu.

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### Departure

### Departure

### Review

## Trip gallery

View photo on the trip page

View photo on the trip page



Mount Everest Expedition - photo 3

## Plan your journey with our team

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