Poon Hill 3 Days short trek

Duration: 3 Days | Location: Annapurna Region, Nepal



Trip at a glance

Category: Annapurna region

Location: Annapurna Region, Nepal

Duration: 3 Days

Difficulty: 2/10

Trip Style: Poon Hill 3 Days short trek

Best Time: Autumn (Sep-Nov) and Spring (Mar-May)

Transportation: Private Vehicle, Domestic Flight

Accommodation: Semi Lodge/ or fully Camping

Max Altitude: 3210 m

Group: Min-1, Max 20

Summary

Poon Hill short Trek 3 Days is another best trekking route for the clients who doesnt have enough time to do another trekking route. Gurung, Magar villages

Overview

Trip Introduction

Poon Hill Trek 3 Days is another best trekking route for the clients who doesnt have enough time to do another trekking route. In the trekking trail you will start hiking either from Nayapul of Pokhara or Ulleri as the jeep goes up to Ulleri at the present. If you start hiking from Nayapul then you will walk by road side with the shade of small trees and along the small Modi river. There is a check point at Birethanti where you have to present your TIMS and ACAP Permit. One you reach the Tikhedunga you will have to cross Modi river through a suspension bridge and it will take you more then 2 hrs to reach upto Ulleri . This trekking trail is one of the hardest part of the trek that you have to walk uphill.

Poon Hill Trek 3 Days The beautiful Gurung, Magar villages will make your trip more interesting and the local people with their own typical dress can make you more attraction. Once you pass through the village there are trekking trails that you have to walk through jungle and the shade can make your walking in a good pace. During the Spring season if you trek in this region you will see all the jungle filled with the reddish color because of Rhododendron and the water fall.

When you reach to Ghorepani if the weather is clear then you will see the panaroma view of Mt. Dhaulagiri ranges in the west side , Annapurna south towards your forehead, Nilgiri can be seen as well. Next morning you will have to wake up around 4;45 am and gear up to go to Poon Hill to see the sunrise which takes you max. 45min to 60 min.

other option on the same region like Ghorepani Poonhill trek



Poon Hill 3 Days short trek - Overview

Day by day itinerary

Trip Itinerary

Day 01: Drive to Nayapul (42 km.1.30 hours driving by taxi) and trek to Tirkhedunga (1520 meter. 3 ½ hours walking) stay overnight at lodge.

Day 02: Trek to Ghorepani (2853 meter. 6/7 hours walking) stay overnight at lodge.

Day 03: Visit Poon Hill early in the morning (45 minutes to get at the top for the best sunrise view and mountains, trek Back to Ulleri and drive back to Pokhara by Public Jeep.

Package: Standard Package

Contact for pricing

Pricing depends on dates and group size. Contact us for a quote.

Inclusions

Pokhara to Nayapul by taxi and Nayapul to Pokhara by Public jeep.

Italian, Chinese, Nepali, Indian, many other European Delicious Meals three times a day (Breakfast, lunch, and dinner chose by Menu) with tea/coffee three times a day in a cup.

Clean and excellent Lodge accommodation on the way with a hot shower and clean toilet facilities.

One fluent English speaking, the government registered, experienced first aid trained guide which is familiar with this area and required porters. One porter for every two pax.

(ACAP) Annapurna conservations area project Permits and (TIMS) Trekking Information, management, system card.

Guides/Porter's: food, lodge, bus transportation, salary, insurance, equipment etc.

Exclusions

Personal equipment

Hard and soft table drinks such as coke, Fanta, mineral water,

Private insurance which is covering Rescue operation charge

Tip for guide and porter.

Gear checklist

Equipments List

EQUIPMENT LIST

Nepal Trekking Equipment List

This piece info is creating data on consumer goods and equipment needs, For those that would love an extra detailed discussion for equipment for Nepalese Himalayan Trek.

The following equipment list is required for Nepal Trekking and climbing and a list, you have to have suggested equipment just have with you, however, that you just might have your own personal first choice equipment which can be equally as appropriate

Footwear

- Walking boots with suitable ankle support that have been worn-in prior to the trek, and which are waterproof.
- Trainer or casual shoes, for trekking and/or for travelling.
- Warm socks for colder areas.
- Gaiters, in case of rain or snow

Legwear

- Loose, casual trousers for trekking.
- Thermal leggings for colder areas.
- Long skirt for women as an alternative to trousers.
- Waterproof trousers

Body

- Selection of T-shirts, and long sleeved shirts, preferably not cotton.
- Thermal shirt for colder areas.
- Warm shirt, possibly fleeces, for colder areas.
- Fleece jacket or warm wool jumper.
- Windproof, waterproof outer shell garment for higher altitudes.
- Down jacket (optional for cold nights & mornings; can be hired in Kathmandu cheaply)

Head/Hands

- Wool or fleece hat, or balaclava.
- Hat or cap for sun protection while trekking.
- Sunglasses or goggles.
- Warm gloves

Other items

- Strong rucksack or large hold all to be carried by porters.
- Daysack to be carried personally.
- Plastic bags or stuff sacks to store/separate trekking gear inside your main bag.
- One litre water bottle.
- Personal first aid kit to include essential items.
- Sleeping bag, 4 seasons.
- Torch, ideally head torch.
- Digital Camera and spare battery and battery charger! – For those not to be forgotten shots of the Himalaya.
- Toilet items and towel.
- Large handkerchief/bandana for neck

Optional items

- Binoculars
- Books (see Recommended Reading)
- Altimeter
- Compass
- Playing cards / backgammon / chess set

Recommended Mountaineering Kit

In addition to the items mentioned above for trekking, the following is a list of the additional specialist items which are required for the trekking peaks.

Plastic or leather mountaineering boots, with gaiters and crampons that have been tested for a good fit.

Peak Climbing

- fleece trousers
- Additional mitts and gloves suitable for climbing
- Ice axe, and ski poles (note – ice axe can be hired in Kathmandu)
- Climbing harness
- 2 x tape slings
- 2 x screw gate karabiners
- Descended/abseil device
- Ascender

Trip notes

Trip Highlights

Trip Details:

Total Duration: 3 Days.

Group Size: Min-1, Max 20.

Trekking Region: Annapurna.

Trip Type Name: Poon Hill 3 Days short trek.

Highest Altitude of the trek: 3210 m.

Highest Point: Poon Hill 3 Days short trek (3210 m)

Grade: Easy.

Transportation: Private Vehicle, Domestic Flight.

Accommodation: Semi Lodge/ or fully Camping.

Type of Tour: Trekking, Hiking, Walking, Culture

Trekking Hour: Approximately 6-7 hours each day.

Best Season: Autumn (Sep-Nov) and Spring (Mar-May).

Starting from: Kathmandu.

Ending at: Kathmandu.

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Departure

Departure

Review

Trip gallery

View photo on the trip page

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Poon Hill 3 Days short trek - photo 3



Poon Hill 3 Days short trek - photo 4

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Plan your journey with our team

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