Thorong Peak Climbing

Duration: 18 Days | Location: Annapurna Region, Nepal



Trip at a glance

Category: Trekking in Nepal

Location: Annapurna Region, Nepal

Duration: 18 Days

Difficulty: 6/10

Trip Style: Thorong Peak Climbing

Best Time: Autumn (Sep-Nov) and Spring (Mar-May)

Transportation: Private Vehicle, Domestic Flight

Accommodation: Semi Lodge/ or fully Camping

Max Altitude: 6145 m

Group: Min-1, Max 20

Summary

Thorong Peak Climbing/Heading for this beautiful challenging trekking peak/The route is typically planned for those who are passionate about enjoying Nepal

Overview

Trip Introduction

Thorong Peak Climbing is in Western part of the Nepal at Manang district. Thorong Peak Climbing is Heading for this beautiful challenging trekking peak of Thorong. You need a special permit and experienced climbing guide though previous skill is not compulsory to climb this Trekking peak. However, physical preparation is a must as you must be aware of the fact of an adventurous journey and in case of eventualities. Bhimtang Panorama Trekking

Thorong Peak has left above from while in transit to most surely understood thousand of trekkers very years through this pass. Climbing Thorong's top tremendous yet requesting trekking top one should require a grant and talented climbing guide and ought to experience the register trekking office in Nepal. The facts confirm that previous learning is important to climbing this Peak. Be that as it may, you should be set profoundly just as sound for this hazardous climbing. This trail takes you to the most staggering mountain landscape, enchanting settlement of Gurungs and another network their record secured houses, where you can investigate the fantastic rhododendron (national blossom of Nepal) wilderness will give you differing grin. The route is typically planned for those who are passionate about enjoying the flora and fauna of the region and the magnificent panoramic views of Annapurna Himalayan range. Chulu east Peak, Himlung Himal Expedition

Thorong Peak standing at 6100 m It is also a break out of spectacular mountain setting, enchanting settlement of local habitats and community with their slate-roofed houses, where you can ascertain the incredible contains social culture. Besides the peak climbing maximum altitude gained during this trek is Thorong La Pass 5416 m. From this pass, the Thorong Peak is the first mountain on the south but very little information is available about this breathtaking peak. Everest View Trek

Day by day itinerary

Trip Itinerary

Day 01: Arrival in Kathmandu and transfer to hotel.

Day 02: Drive from Kathmandu to Bhulbhule 840 m/6-7hours.

Day 03: Trek from Bhulbhule to Jagat 1300 m/5-6hours.

Day 04: Trek from Jagat to Dharapani 1860 m/5-6hours.

Day 05: Trek from Dharapani to Chame 2670 m/5-6hours.

Day 06: Trek from Chame to Lower Pisang 3200 m/5-6hours.

Day 07: Trek from Lower Pisang to Manang Village 3540 m/5-6hours.

Day 08: Acclimatization Day and exploring village and lakes.

Day 09: Trek from Manang Village to Yak Kharka 4020 m/4-5hours.

Day 10: Trek from Yak Kharka to Thorong Phedi 4450 m/6-7hours.

Day 11: Trek from Thorong Phedi to Thorong La 5416 m/5-6hours, stay overnight at tented camp.

Day 12: Preparation Day for Climbing, stay overnight at tented camp.

Day 13: Summit to Thorong Peak 6145 m and back to Muktinath 3760 m.

Day 14: Trek from Muktinath to Jomsom 2720 m/5-6hours via Lubra Village.

Day 15: Fly from Jomsom to Pokhara 820 m/40 minutes and transfer to Hotel.

Day 16: Drive from Pokhara to Kathmandu by A/C Tourist Bus and transfer to Hotel.

Day 17: Free Day for Shopping in Kathmandu, stay overnight at Hotel.

Day 18: Final Departure, transfer to the airport.

Package: Standard Package

Contact for pricing

Pricing depends on dates and group size. Contact us for a quote.

Inclusions

- All land transfer, arrival, and departure as per the itinerary.
- Hotel accommodation with bed and breakfast on Twin sharing basis as per the itinerary Food during the trek 3 meals a day (breakfast, lunch, and dinner) in specified local lodges or prepared by our cook.
- English speaking experienced & professional trekking guide.
- Porters (1 porter carries the luggage up to 25 kgs of 2 participants during the trek).
- City tours as mentioned in the itinerary with English speaking guide and all land transportation with private car/jeep/van.
- All necessary trekking and climbing related permit including TIMS, National Park Entrance fee, and ACAP Fee.
- Insurance, proper warm clothing, shoes, sunglass and daily wages for guide and porter Camping Trek daily wages, Guide, Sherpa helpers, Cook, Kitchen Boys, Porters, with food allowance while trekking.
- Accommodation in 2 men Tents during Trek supported with a dining tent, Kitchen tent, Toilet tent, Shower tent, Table, chairs and Mattress.
- Necessary kitchen utensils.

Exclusions

- Lunch and dinner while in Kathmandu or in Pokhara stay.
- Personal gears and expenses of personal nature and Personal medical and travel insurance emergency evacuation.
- Hard and any form of soft drinks, tea/coffee(pot size).
- All confectionary and snacks, Charges for desserts including shower and boiled drinking water, Phone calls, Laundry and Alcoholic beverages etc.

- Any airfare: Domestic International departure taxes and any excess baggage charges.
- Tips and Gratitude for Guides and Porters according to the custom of trekking in Nepal.

Gear checklist

Equipments List

EQUIPMENT LIST

Nepal Trekking Equipment List

This piece info is creating data on consumer goods and equipment needs, For those that would love an extra detailed discussion for equipment for Nepalese Himalayan Trek.

The following equipment list is required for Nepal Trekking and climbing and a list, you have to have suggested equipment just have with you, however, that you just might have your own personal first choice equipment which can be equally as appropriate

Footwear

- Walking boots with suitable ankle support that have been worn-in prior to the trek, and which are waterproof.
- Trainer or casual shoes, for trekking and/or for travelling.
- Warm socks for colder areas.
- Gaiters, in case of rain or snow

Legwear

- Loose, casual trousers for trekking.
- Thermal leggings for colder areas.
- Long skirt for women as an alternative to trousers.
- Waterproof trousers

Body

- Selection of T-shirts, and long sleeved shirts, preferably not cotton.
- Thermal shirt for colder areas.
- Warm shirt, possibly fleeces, for colder areas.
- Fleece jacket or warm wool jumper.
- Windproof, waterproof outer shell garment for higher altitudes.
- Down jacket (optional for cold nights & mornings; can be hired in Kathmandu cheaply)

Head/Hands

- Wool or fleece hat, or balaclava.
- Hat or cap for sun protection while trekking.
- Sunglasses or goggles.
- Warm gloves

Other items

- Strong rucksack or large hold all to be carried by porters.
- Daysack to be carried personally.
- Plastic bags or stuff sacks to store/separate trekking gear inside your main bag.
- One litre water bottle.
- Personal first aid kit to include essential items.
- Sleeping bag, 4 seasons.
- Torch, ideally head torch.
- Digital Camera and spare battery and battery charger! – For those not to be forgotten shots of the Himalaya.
- Toilet items and towel.
- Large handkerchief/bandana for neck

Optional items

- Binoculars
- Books (see Recommended Reading)
- Altimeter
- Compass
- Playing cards / backgammon / chess set

Recommended Mountaineering Kit

In addition to the items mentioned above for trekking, the following is a list of the additional specialist items which are required for the trekking peaks.

Plastic or leather mountaineering boots, with gaiters and crampons that have been tested for a good fit.

Peak Climbing

- fleece trousers
- Additional mitts and gloves suitable for climbing
- Ice axe, and ski poles (note – ice axe can be hired in Kathmandu)
- Climbing harness
- 2 x tape slings
- 2 x screw gate karabiners
- Descended/abseil device
- Ascender

Trip notes

Trip Highlights

Trip Details:

Total Duration: 18 Days.

Group Size: Min-1, Max 20.

Trekking Region: Annapurna.

Trip Type Name: Thorong Peak Climbing.

Highest Altitude of the trek: 6145 m.

Highest Point: Thorong Peak Climbing (6145 m)

Grade: Challenging.

Transportation: Private Vehicle, Domestic Flight.

Accommodation: Semi Lodge/ or fully Camping.

Type of Tour: Trekking, Hiking, Walking, Culture

Trekking Hour: Approximately 6-7 hours each day.

Best Season: Autumn (Sep-Nov) and Spring (Mar-May).

Starting from: Kathmandu.

Ending at: Kathmandu.

Departure

Departure

Review

Trip gallery

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Plan your journey with our team

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