Tibet Everest Base Camp Trek

Duration: 14 Days 13 Night | Location: Nepal



Trip at a glance

Category: Tours

Location: Nepal

Duration: 14 Days 13 Night

Difficulty: 8/10

Trip Style: Trekking & Hiking

Summary

Tibet Everest Base Camp Trek/adventure while traveling or trekking experience of walking in remoteness landscapes viewing the Mt. Everest Base Camp trek /

Overview

Trip Introduction

Just adding an extra adventure while traveling or trekking in Tibet. The trek provides a unique experience of walking in remoteness landscapes viewing the Mt. Everest to the east south. Trekking with yaks into the beautiful Tibetan Himalayan plateau. The trek goes to the advance base camp of the Mt. Everest and to wonder of Rombuk the highest monastery in the world. After exploring around the area, we then drive to old Tingri-Nyalam-Ghamu and finally the border at Friendship Bridge from where we drive to Kathmandu. Lasha Tour, Tibet Tour

Day by day itinerary

Trip Itinerary

Day 01: Transfer to the airport for the flight from Kathmandu to Lhasa on China Southwest Airlines. This one-hour trans-Himalayan Flight will give you an opportunity to have an aerial view of the Mt. Everest and other Himalayan Peaks (weather Permitting). Arrival at Gonggar airport around 13.30 hrs. local time. After clearing immigration and customs it will be a two-hour drive to cover the 93 km. to Lhasa, which is situated at an altitude of 3650meters (13,000 ft.)

Day 02-03: Sight-seeing in Lhasa -During these three days in Lhasa, we visit the Potala Palace, Drepung, and Sera monasteries, the Norbulingka and of course the famous Jokhang Temple including the surrounding Barkhor.

Day 04: Drive to Gyantse via The Karo La (5010m), Kamba La Pass (4794m) and Yamdrok Tso Lake. Overnight at the tel.

Day 05: Shigatse.

Morning; Visit Khumbhum Stupa & Phalkor Monastery. Proceed to Shigatse visiting Shalu Monastery en route. Evening; Sightseeing Tours of The Tasgunpo Monastery & the free Tibetan market. O/N at Guest House.

Day 06: Drive to Old Tingri. Overnight at Guest House.

Day 07/10: Trek to Rongbuk. Overnight at Tent.

Day 11: Excursion to The Everest Base Camp. Overnight at Tent.

Day 12: Drive to Old Tingri. Overnight at Guest House.

Day 13: Drive to Nyalam. You can visit Milarepa's Cave. Tibet's famous Tantric Saint. Overnight at Guest House.

Day 14: Drive to Zhangmu and exit border and drive to Kathmandu.

Package: Standard Package

Contact for pricing

Pricing depends on dates and group size. Contact us for a quote.

Inclusions

- Airport transfer.
- sight-seeing tour.
- tour/trek guide.
- entrance fees.
- hotels with daily breakfast.
- private transport as per the trip itinerary.
- cook and necessary trekking staffs.

Exclusions

- Entry visa fees and International airfare.
- personal expenses e.g. phone calls, laundry, bar bills etc.
- travel/medical and rescue insurance.

- optional trips and sightseeing if extend.
- tips.
- lunch/dinner while staying at the hotels and personal expenses.

Gear checklist

Equipments List

Trip notes

Trip Highlights

Departure

Departure

Review

Trip gallery

View photo on the trip page



Tibet Everest Base Camp Trek - photo 2

View photo on the trip page

Plan your journey with our team

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