Yala Peak Climbing

Duration: 15 Days 14 Night | Location: Nepal



Trip at a glance

Category: Trekking in Nepal

Location: Nepal

Duration: 15 Days 14 Night

Difficulty: Not specified

Trip Style: Trekking & Hiking

Max Altitude: 5550 m

Summary

Yala peak is call as trekking Peak.this height is one of the practical top climbing.Yala height lies at the elevation of 5520 m.our 15 days itinerary & cost

Overview

Trip Introduction

Yala peak is call as trekking Peak by Nepal Mountaineering Association and this height is one of the practical mountain climbing situated in the northern part of Kathmandu. Yala top lies inside the lovely lang tang valley. We will begin our journey to yala height from syabrubensi that's start line to the lang tang valley trek.

Yala height lies at the elevation of 5520 m inside the hearts of lang tang valley. There may be a lang tang countrywide park situated in between Kathmandu and Syabrubenis on the way and military take a look at post. our 15 days itinerary will take you to the top of Yala Peak and return back to Kathmandu is an appropriate itinerary to trek in addition to top hiking. Once we reach to Kyanging Gompa then there most trekkers prefer to go to Kyanjing re or Tserkuri for a day hike and come back to the lodge for acclimatization to go further. We can also do Langtang valley trek or Peri peak climbing.

There will be a exceptional views of notable mountains from the summit of manaslu, langtang lirung, dorje lakpa, shishapangma,ganesh himal, gangchempo etc. this yala peak lise in the direction of the tibetan border alongside the ridge of excessive mountains.

Day by day itinerary

Trip Itinerary

Day 01: Arrive Kathmandu Airport Transfer to Hotel O/N at Hotel.

Day 02: Sightseeing in Kathmandu Valley.

Day 03: Drive, Kathmandu to Syabru Besi.

Day 04: Syabru Bensi to Lama Hotel (2480m).

Day 05: Lama Hotel to Langtang valley (3541m).

Day 06: Rest at Langtang valley (3541m).

Day 07: Langtang valley to Kyangjin Gompa (3900m).

Day 08: Rest at Kyangjing Gompa.

Day 09: Kyangjin Gompa to Yala Base Camp (5033 m.).

Day 10: Climb and back to Kyangjingompa.

Day 11: Kyangjin Gompa to Ghora table.

Day 12: Ghora Tabela to Syabru Besi.

Day 13: Syabru Besi to Kathmandu.

Day 14: Free day or shopping.

Day 15: Transfer airport – flight to onward destination.

Package: Standard Package

Contact for pricing

Pricing depends on dates and group size. Contact us for a quote.

Inclusions

- All land transfer, arrival, and departure as per the itinerary.
- Hotel accommodation with bed and breakfast on Twin sharing basis as per the itinerary.
- Food during the trek 3 meals a day (breakfast, lunch, and dinner) in specified local lodges or prepared by our cook.
- English speaking experienced & professional trekking guide licenses holder.
- Porters (1 porter carries the luggage up to 25 kgs of 2 participants during the trek).
- City tours as mentioned in the itinerary with English speaking guide and all land transportation with private car/jeep/van.
- All necessary trekking and climbing related permit including TIMS, National Park Entrance fee, and Permit Fee.

- Insurance, proper warm clothing, shoes, sunglass and daily wages for guide and porter.
- Camping Trek daily wages, Guide, Sherpa helpers, Cook, Kitchen Boys, Porters, with food allowance while trekking.
- Accommodation in 2 men Tents during Trek supported with a dining tent, Kitchen tent, Toilet tent, Shower tent, Table, chairs and Mattress.
- Necessary kitchen utensils.

Exclusions

- Lunch and dinner while in Kathmandu or in Syabrubesi stay.
- Personal gears and expenses of personal nature and Personal medical and travel insurance emergency evacuation.
- Hard and any form of soft drinks, tea/coffee.
- All confectionary and snacks, Charges for desserts including shower and boiled drinking water, Phone calls, Laundry and Alcoholic beverages etc.
- Any airfare: Domestic International departure taxes and any excess baggage charges.
- Tips and Gratitude for Guides and Porters according to the custom of trekking in Nepal.

Gear checklist

Equipments List

EQUIPMENT LIST

Nepal Trekking Equipment List

This piece info is creating data on consumer goods and equipment needs, For those that would love an extra detailed discussion for equipment for Nepalese Himalayan Trek.

The following equipment list is required for Nepal Trekking and climbing and a list, you have to have suggested equipment just have with you, however, that you just might have your own personal first choice equipment which can be equally as appropriate

Footwear

- Walking boots with suitable ankle support that have been worn-in prior to the trek, and which are waterproof.
- Trainer or casual shoes, for trekking and/or for travelling.
- Warm socks for colder areas.
- Gaiters, in case of rain or snow

Legwear

- Loose, casual trousers for trekking.
- Thermal leggings for colder areas.
- Long skirt for women as an alternative to trousers.
- Waterproof trousers

Body

- Selection of T-shirts, and long sleeved shirts, preferably not cotton.
- Thermal shirt for colder areas.
- Warm shirt, possibly fleeces, for colder areas.
- Fleece jacket or warm wool jumper.
- Windproof, waterproof outer shell garment for higher altitudes.
- Down jacket (optional for cold nights & mornings; can be hired in Kathmandu cheaply)

Head/Hands

- Wool or fleece hat, or balaclava.
- Hat or cap for sun protection while trekking.
- Sunglasses or goggles.
- Warm gloves

Other items

- Strong rucksack or large hold all to be carried by porters.
- Daysack to be carried personally.
- Plastic bags or stuff sacks to store/separate trekking gear inside your main bag.
- One litre water bottle.
- Personal first aid kit to include essential items.
- Sleeping bag, 4 seasons.
- Torch, ideally head torch.
- Digital Camera and spare battery and battery charger! – For those not to be forgotten shots of the Himalaya.
- Toilet items and towel.
- Large handkerchief/bandana for neck

Optional items

- Binoculars
- Books (see Recommended Reading)
- Altimeter
- Compass
- Playing cards / backgammon / chess set

Recommended Mountaineering Kit

In addition to the items mentioned above for trekking, the following is a list of the additional specialist items which are required for the trekking peaks.

Plastic or leather mountaineering boots, with gaiters and crampons that have been tested for a good fit.

Peak Climbing

- fleece trousers

- Additional mitts and gloves suitable for climbing
- Ice axe, and ski poles (note – ice axe can be hired in Kathmandu)
- Climbing harness
- 2 x tape slings
- 2 x screw gate karabiners
- Descended/abseil device
- Ascender

Trip notes

Trip Highlights

Grade: Strenuous Trek.

Max. Altitude: 5550 m.

Duration: 15 days.

Trek Days: 11 days.

Type of trek: Lodge/Teahouse/Camping.

Departure

Departure

Review

Trip gallery

View photo on the trip page

View photo on the trip page



Yala Peak Climbing - photo 3

Plan your journey with our team

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